

BENEFITING



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Saturday October 1, 2005 - 8:00 AM

Welcome to the Jamba Juice Keiki Triathlon at Ko Olina!

The race is held in the safe confines of the Ko Olina Resort and will be the culminating event of the race series for Hawaii's Keiki.

AGE GROUPS & DISTANCES: (APPROXIMATE)

- 7- 8 Age Group: Swim 50 m - Bike 2.5 miles - Run 1-mile
- 9 - 10 Age Group: Swim 100m - Bike 2.5 miles - Run 1 mile
- 11-12 Age Group: Swim 100 m - Bike 2.5-miles - Run 1-mile
- 13-14 Age Group: Swim 100 m - Bike 2.5-miles - Run 1-mile

AWARDS: All participants receive an event T-shirt and a finisher award. Medals will be awarded to the first three boys and girls in each age group.

RULES: SWIM- Goggles recommended; no snorkels or fins permitted. **BIKE:** Participants must wear bike helmet & race number; any type of two-wheeled bike is allowed. **RUN:** Running shoes must be worn. **TRANSITION:** Only competitors allowed in transition. Additional rules will be included with the race packet.

Entry Fee: \$30 until 8/31/05, after 8/31/05 \$35. **One-day \$3.00 USAT license is mandatory!**

Checks should be made payable to Ko Olina Triathlon, and mailed to Ocean Sports Productions, 660 Milokai St., Kailua, HI 96734
Or with credit card online at koolinatriathlon.com / active.com
20% of your entry fee will be donated directly to our charities.

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PLEASE PRINT CLEARLY

Last Name First Name

Address

City State Postal Code Country

Phone-Evening Phone-Day Guardian Cellular

Email Birthday mm/dy/yr Age Sex USAT Member #

Keiki T-Shirt Size S M L XL AS AM **Circle One**

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PACKET PICK UP: Packet pick-up Friday Evening September 30, 2005 in Honolulu Times and Location to be announced. **PLEASE WATCH THE WEBSITE WWW.KOOLINATRIATHLON.COM AND EMAIL ALERTS FOR MORE INFORMATION.**

WAIVER AND RELEASE STATEMENT: By my signature on this entry form I indemnify and hold harmless Ko Olina Triathlon, Ko Olina Company, LLC, Ko Olina Community Association, The Estate of James Campbell, Ko Olina Ocean Marina, LLC, Ko Olina Commercial, LLC, Ko Olina Ocean Marina Estates, LLC, and Ocean Sports Productions, LLC and Hawaii Association of Fitness Professionals including all of its respective members, managers, officers, directors, attorneys, accountants, agents, employees, representatives, contractors and assigns, from any and all losses, liabilities, damages or claims for property damage or personal injury, of any kind and every nature whatsoever, whether known or unknown, suspected or unsuspected, resulting from arising out of or caused by or connected with directly or indirectly, my use or my representatives us of the premises or participation in the Ko Olina Triathlon. I hereby acknowledge and agree with all rules and event instructions for the Ko Olina Triathlon. I am aware and assume all risks associated with my participation in this event, including, but not limited to, falls, contact with another participant, weather, traffic and road conditions. In understand and grant Ko Olina Triathlon, Ocean Sports Productions, LLC the right to utilize any photograph, video or audio recording of myself for the promotion of future events.

PARTICIPANT SIGNATURE: _____ DATE: _____

GUARDIAN SIGNATURE: _____ DATE: _____



Complete application and mail WITH PAYMENT to Ko Olina Triathlon C/O OCEAN SPORTS PRODUCTIONS, 660 Milokai St., Kailua, HI 96734 / Credit Card payment www.koolinatriathlon.com via Active.com