



Individual Results

660 Meter Swim, 30K Bike, 4.5 Mile Run

Place	NO.	NAME	DIV	PLACE	SWIM TIME	SWIM PACE	SWIM T-1	PLACE	BIKE TIME	BIKE MPH	BIKE T-2	PLACE	RUN TIME	RUN PACE	RUN TIME	TOTAL Penalty
1	9	MARC LEES	1 M-ELITE	4	11:10	1:42	0:35	1	45:01	24.8	0:39	5	27:16	6:04	1:24:40	
2	7	JIMMY DAVIS	2 M-ELITE	14	12:39	1:55	0:33	3	45:29	24.5	0:35	4	26:50	5:58	1:26:05	
3	3	CHAD SEYMOUR	3 M-ELITE	2	10:53	1:39	0:30	2	45:24	24.6	0:39	16	30:13	6:43	1:27:36	
4	4	TAI BLECHTA	4 M-ELITE	9	12:10	1:51	0:30	5	46:36	24.0	0:52	7	28:06	6:15	1:28:12	
5	5	JEFF SANDERS	5 M-ELITE	7	11:55	1:49	0:33	7	46:54	23.8	0:45	10	28:28	6:20	1:28:33	
6	8	CHRIS LARSON	6 M-ELITE	27	13:46	2:06	0:36	6	46:45	23.9	0:42	8	28:07	6:15	1:29:54	
7	2	TIMOTHY MARR	7 M-ELITE	1	10:52	1:39	0:32	8	47:23	23.6	0:37	19	31:25	6:59	1:30:46	
8	315	SCOTT MILLER	1 M25-29	10	12:10	1:51	0:46	10	48:57	22.8	0:36	9	28:20	6:18	1:30:47	
9	123	DOUG PERRY	1 M35-39	36	14:08	2:09	1:08	4	46:26	24.0	0:55	14	29:43	6:37	1:32:19	
10	11	ANDREW SAUSE	8 M-ELITE	5	11:30	1:45	0:36	13	49:32	22.5	0:44	15	30:09	6:42	1:32:29	
11	13	INGRID ROLLES	1 F-ELITE	12	12:34	1:55	0:37	11	49:01	22.8	0:34	25	31:58	7:07	1:34:42	
12	15	SYLVIE DANSEREAU	2 F-ELITE	24	13:37	2:04	0:28	12	49:10	22.7	0:31	22	31:43	7:03	1:35:27	
13	67	WIL YAMAMOTO	1 M30-34	6	11:52	1:48	0:47	15	50:22	22.2	0:44	23	31:47	7:04	1:35:30	
14	280	JOHN SZATKOWSKI	1 M-Mil	35	14:07	2:09	1:22	22	51:23	21.7	0:43	11	28:34	6:21	1:36:07	
15	152	DOUGLAS SMITH	1 M40-44	54	14:40	2:14	1:00	24	51:40	21.6	0:45	12	29:39	6:36	1:37:43	
16	40	WILLIAM WONG	1 M20-24	8	11:59	1:49	0:42	36	53:21	20.9	0:35	20	31:26	6:59	1:38:00	
17	183	GARY SATO	1 M45-49	28	13:48	2:06	0:50	9	48:40	22.9	0:48	44	34:11	7:36	1:38:15	
18	39	MARION SUMMERER	1 F20-24	22	13:20	2:02	0:51	30	52:43	21.2	0:37	21	31:38	7:02	1:39:07	
19	90	JOSHUA LIND	2 M30-34	58	14:47	2:15	0:55	20	51:04	21.9	0:35	24	31:50	7:05	1:39:09	
20	147	TORE LERAAND	2 M40-44	13	12:39	1:55	1:14	28	52:30	21.3	0:50	27	32:26	7:13	1:39:37	
21	290	ADAM BECKER	2 M-Mil	53	14:38	2:13	0:46	43	54:31	20.5	0:41	13	29:40	6:36	1:40:14	
22	64	JOHN HENDERSON	3 M30-34	66	15:07	2:18	0:55	18	50:59	21.9	0:59	29	32:58	7:20	1:40:55	
23	17	JENNA YANCEY	3 F-ELITE	25	13:41	2:05	0:32	27	52:26	21.3	0:44	38	33:45	7:30	1:41:06	
24	42	KURT CHAMBERS	2 M20-24	16	12:40	1:56	0:40	14	50:11	22.2	0:48	78	37:01	8:14	1:41:19	
25	6	STEVEN SOELBERG	9 M-ELITE	34	14:03	2:08	0:53	48	54:53	20.3	0:49	17	30:49	6:51	1:41:24	
26	220	BLAKE MARR	1 M50-54	23	13:28	2:03	1:15	16	50:37	22.1	1:18	52	34:52	7:45	1:41:28	
27	144	ROSS YAMANE	3 M40-44	39	14:18	2:10	1:19	17	50:45	22.0	0:55	47	34:34	7:41	1:41:49	
28	250	JIM KILBY	3 M-Mil	15	12:40	1:56	1:18	29	52:38	21.2	1:14	31	33:03	7:21	1:41:51	1:00
29	168	ROD HUDDLESTON	2 M45-49	67	15:09	2:18	1:28	31	52:52	21.1	1:29	18	31:10	6:56	1:42:06	
30	12	DEIRDRE TENNANT	4 F-ELITE	11	12:27	1:54	0:43	26	52:24	21.3	0:42	68	35:59	8:00	1:42:14	

31	114	STEPHEN DEWALD	2	M35-39	19	13:16	2:01	0:54	37	53:28	20.9	0:45	43	34:10	7:36	1:42:32	
32	34	ANDREW MCDONALD	1	M15-19	46	14:26	2:12	1:29	35	53:18	20.9	0:54	28	32:37	7:15	1:42:42	
33	132	DARYL TAMASHIRO	3	M35-39	51	14:35	2:13	0:47	23	51:31	21.7	0:42	61	35:43	7:57	1:43:17	
34	93	DUANE TAMASHIRO	4	M30-34	71	15:28	2:21	1:04	32	53:02	21.0	0:45	32	33:08	7:22	1:43:25	
35	224	ED LETOURNEAU	1	M60-64	45	14:23	2:11	0:50	40	54:08	20.6	0:56	34	33:40	7:29	1:43:56	
36	45	BEAU BOSTIC	3	M20-24	41	14:21	2:11	1:20	19	51:04	21.9	0:56	63	35:46	7:57	1:44:24	1:00
37	121	GREG KUGLE	4	M35-39	37	14:12	2:10	1:41	50	54:59	20.3	0:56	30	32:59	7:20	1:44:46	
38	142	STANFORD OYAMA	4	M40-44	40	14:18	2:10	1:08	25	52:15	21.4	0:58	71	36:12	8:03	1:44:49	
39	314	JERRY LOGAN	5	M40-44	68	15:20	2:20	1:21	38	53:30	20.9	0:44	42	34:10	7:36	1:45:03	
40	270	JOSEPH PEARL	4	M-Mil	50	14:34	2:13	1:29	44	54:37	20.4	1:08	35	33:41	7:29	1:45:27	
41	246	JAIME JARRELL	1	F-Mil	18	13:03	1:59	1:13	62	56:45	19.7	0:44	53	34:53	7:45	1:46:35	
42	229	DON BORCHELT	5	M-Mil	60	14:51	2:15	1:38	34	53:13	21.0	1:25	65	35:57	8:00	1:47:03	
43	169	RACHELLE JENSEN	1	F45-49	21	13:17	2:01	1:13	65	56:50	19.6	1:03	50	34:48	7:44	1:47:09	
44	131	SABRINA OGNOSKIE	1	F35-39	29	13:49	2:06	1:11	74	57:30	19.4	1:10	37	33:41	7:30	1:47:19	
45	190	JEFFREY RHODES	2	M50-54	99	16:32	2:31	1:44	41	54:11	20.6	0:59	41	34:06	7:35	1:47:30	
46	159	WILLIAM MAKANUI	6	M40-44	55	14:43	2:14	1:37	33	53:11	21.0	1:08	82	37:31	8:21	1:48:08	
47	322	DAVID GRIFFITH	3	M45-49	79	15:59	2:26	1:23	21	51:16	21.8	1:09	90	38:28	8:33	1:48:13	
48	44	ARIEL SALINAS	4	M20-24	86	16:15	2:28	1:09	56	55:56	20.0	0:49	45	34:13	7:37	1:48:19	
49	91	RICHIE MAY	5	M30-34	44	14:23	2:11	1:31	85	58:18	19.1	1:02	36	33:41	7:29	1:48:53	
50	32	KALEN DARLING	2	M15-19	3	11:05	1:41	1:08								1:49:22	
51	108	TIM O'MALLEY	5	M35-39	72	15:29	2:21	1:09	55	55:48	20.0	1:34	69	36:01	8:01	1:49:59	
52	228	ADAM BORAH	6	M-Mil	62	15:02	2:17	0:57	54	55:43	20.0	0:46	85	37:51	8:25	1:50:17	
53	316	HEATHER MCLAUGHLIN	1	F25-29	120	16:52	2:34	1:11	39	54:08	20.6	1:08	79	37:02	8:14	1:50:19	
54	89	MICHAEL KEY	6	M30-34	43	14:22	2:11	1:46	86	58:24	19.1	1:23	55	35:06	7:48	1:51:00	
55	230	ART BORNSCHEIN	7	M-Mil	102	16:33	2:31	1:34	49	54:58	20.3	1:32	60	35:42	7:56	1:51:18	1:00
56	65	JEREMIAH JOHNSON	7	M30-34	104	16:37	2:31	2:27	72	57:19	19.5	1:00	40	34:04	7:35	1:51:25	
57	48	SARAH AFSHAR	2	F25-29	135	17:12	2:37	1:28	94	58:51	19.0	0:58	33	33:26	7:26	1:51:52	
58	283	AARON ULLMAN	8	M-Mil	88	16:17	2:29	2:12	121	1:00:34	18.4	0:43	26	32:13	7:10	1:51:58	
59	264	STEVEN MILES	9	M-Mil	30	13:52	2:06	3:02	80	57:59	19.3	1:16	66	35:58	8:00	1:52:04	
60	249	MARK KELLY	10	M-Mil	200	18:51	2:52	2:17	51	55:10	20.2	1:19	48	34:36	7:42	1:52:11	
61	269	RAY OTT	11	M-Mil	33	14:00	2:08	2:09	42	54:28	20.5	1:18	96	39:21	8:45	1:52:15	1:00
62	134	MOLLY BRESLIN	1	F40-44	123	16:59	2:35	1:10	83	58:13	19.2	0:58	54	34:58	7:47	1:52:17	
63	106	STEVEN KANG	6	M35-39	73	15:35	2:22	2:59	61	56:36	19.7	2:19	56	35:12	7:50	1:52:39	
64	298	BEN SHELTMIRE	5	M20-24	83	16:06	2:27	1:52	73	57:20	19.5	1:10	75	36:36	8:08	1:53:02	
65	238	JIM DANIEL	12	M-Mil	140	17:16	2:37	1:52	99	59:17	18.8	1:19	39	33:47	7:31	1:53:29	
66	53	BRIAN CARR	2	M25-29	59	14:51	2:15	2:10	64	56:50	19.6	0:58	93	38:57	8:40	1:53:44	
67	253	ERIK LADD	13	M-Mil	48	14:32	2:13	1:53	130	1:00:59	18.3	1:10	58	35:20	7:51	1:53:52	
68	255	JIM LONG	14	M-Mil	134	17:11	2:37	2:18	67	57:01	19.6	1:19	72	36:20	8:05	1:54:08	
69	213	BEN ABIHAI	2	M60-64	176	18:26	2:48	1:35	59	56:10	19.9	1:18	76	36:40	8:09	1:54:08	
70	289	MISSY CAPONE	2	F20-24	20	13:17	2:01	1:52	149	1:02:39	17.8	1:06	59	35:28	7:53	1:54:19	
71	247	JAMIE KANE	15	M-Mil	70	15:26	2:21	1:45	63	56:45	19.7	1:48	91	38:37	8:35	1:54:20	
72	46	DAMON IAEA	6	M20-24	38	14:17	2:10	1:01	96	58:58	18.9	0:44	99	39:31	8:47	1:54:29	
73	107	KOEHL MELANIE	2	F35-39	139	17:15	2:37	1:44	91	58:37	19.0	1:24	64	35:55	7:59	1:54:53	
74	140	ROBERT FRISKEL	7	M40-44	132	17:10	2:36	1:36	52	55:31	20.1	1:41	94	38:58	8:40	1:54:54	
75	277	BRIDGET SMITH	2	F-Mil	26	13:42	2:05	1:22	156	1:03:13	17.7	0:37	70	36:11	8:03	1:55:03	
76	81	JASON EVERETT	8	M30-34	101	16:33	2:31	3:13	98	59:13	18.9	0:29	67	35:58	8:00	1:55:23	
77	73	JAY MILLER	9	M30-34	96	16:29	2:30	1:57	76	57:42	19.3	1:50	83	37:35	8:21	1:55:31	
78	174	EDWIN BUGARIN	4	M45-49	91	16:23	2:29	1:55	53	55:34	20.1	1:26	108	40:16	8:57	1:55:32	
79	294	SEAN GLASS	7	M20-24	129	17:09	2:36	1:49	127	1:00:51	18.3	1:09	49	34:37	7:42	1:55:33	
80	211	CHUCK MILLER	1	M55-59	178	18:32	2:49	1:37	57	56:04	19.9	1:20	88	38:14	8:30	1:55:46	

81	135	TERRY CORPUS	8	M40-44	52	14:38	2:13	2:28	58	56:06	19.9	2:00	112	40:44	9:03	1:55:54	
82	104	DAVE CHONG	7	M35-39	209	19:11	2:55	2:00	92	58:44	19.0	1:45	57	35:18	7:51	1:56:56	
83	236	DJ COBB	16	M-Mil	192	18:40	2:50	2:01	75	57:40	19.4	1:06	84	37:48	8:24	1:57:13	
84	312	WADE TANDBERG	8	M35-39	229	20:30	3:07	1:37	77	57:44	19.3	0:52	77	36:46	8:11	1:57:27	
85	181	ROY KANEMITSU	5	M45-49	113	16:46	2:33	1:31	71	57:15	19.5	0:59	115	41:09	9:09	1:57:38	
86	113	ERIC CHANG	9	M35-39	56	14:43	2:14	1:32	82	58:03	19.2	1:00	126	42:26	9:26	1:57:43	
87	265	MAGGS MORRIS	1	F30-34	64	15:04	2:17	0:57	145	1:02:26	17.9	1:05	89	38:21	8:32	1:57:50	
88	198	ALTON MOTOBU	3	M50-54	49	14:33	2:13	1:18	93	58:44	19.0	1:13	124	42:05	9:22	1:57:52	
89	165	MARK MIDDLETON	6	M45-49	81	16:04	2:26	2:42	122	1:00:38	18.4	1:32	80	37:04	8:15	1:57:58	
90	80	LAURAL DIDHAM	2	F30-34	57	14:45	2:15	1:48	118	1:00:27	18.5	1:13	102	39:52	8:52	1:58:02	
91	260	STEFANIA MATSUMURA	3	F-Mil	213	19:18	2:56	1:40	114	1:00:16	18.5	0:37	73	36:25	8:06	1:58:14	
92	285	MICHAEL WHITT	17	M-Mil	238	20:55	3:11	3:30	206	1:09:26	16.1	1:20	1	23:11	5:10	1:58:20	
93	245	JAMIE HILLS	18	M-Mil	32	13:55	2:07	1:58	84	58:14	19.2	1:13	136	43:09	9:36	1:58:29	
94	221	TIMOTHY CONWAY	4	M50-54	75	15:50	2:24	1:37	97	59:13	18.9	1:27	109	40:24	8:59	1:58:29	
95	176	RICHARD MENGATO	7	M45-49	156	17:46	2:42	3:41	90	58:34	19.1	2:15	74	36:29	8:07	1:58:43	
96	139	JOY SECREDITARIO	2	F40-44	133	17:11	2:37	1:33	107	1:00:03	18.6	1:16	92	38:47	8:38	1:58:48	
97	300	AARON FUUINAKA	5	M50-54	89	16:20	2:29	1:21	79	57:47	19.3	1:28	122	41:59	9:20	1:58:53	
98	276	KEN SERSUN	19	M-Mil	138	17:15	2:37	2:17	160	1:03:36	17.6	1:20	46	34:29	7:40	1:58:54	
99	305	KC CARLSBERG	3	F40-44	126	17:05	2:36	1:27	113	1:00:14	18.5	1:00	101	39:46	8:51	1:59:28	
100	166	PETE EDDY	8	M45-49	115	16:48	2:33	2:21	104	59:49	18.7	1:48	86	37:56	8:26	1:59:41	1:00
101	256	BRIDGET MALFER	4	F-Mil	118	16:49	2:33	1:35	125	1:00:43	18.4	1:07	100	39:36	8:48	1:59:48	
102	76	MATTHEW RAULS	10	M30-34	105	16:38	2:32	2:21	117	1:00:23	18.5	1:04	97	39:26	8:46	1:59:49	
103	74	EDNA PARINAS	3	F30-34	146	17:19	2:38	1:39	87	58:27	19.1	1:05	117	41:25	9:13	1:59:54	
104	156	SEAN GONGWER	9	M40-44	94	16:26	2:30	1:03	46	54:46	20.4	1:00	168	46:04	10:15	2:00:17	1:00
105	232	AARON CAMPBELL	20	M-Mil	127	17:06	2:36	3:22	109	1:00:04	18.6	2:02	87	38:03	8:28	2:00:34	
106	170	RUSSELL KONG	9	M45-49	95	16:29	2:30	2:23	70	57:15	19.5	1:20	137	43:16	9:37	2:00:40	
107	127	CLINTON SOO	10	M35-39	180	18:33	2:49	3:53	115	1:00:18	18.5	2:17	62	35:45	7:57	2:00:45	
108	62	CHRISTINE KIM	3	F25-29	119	16:50	2:34	1:27	133	1:01:12	18.2	1:16	104	40:03	8:54	2:00:47	
109	146	MARCY FLEMING	4	F40-44	80	16:02	2:26	1:31	111	1:00:09	18.6	1:27	121	41:52	9:19	2:00:59	
110	296	WILLIAM KERNSTOCK	11	M35-39	130	17:09	2:36	1:54	105	59:53	18.6	0:56	116	41:18	9:11	2:01:08	
111	193	CRAIG THOMAS	6	M50-54	143	17:17	2:37	1:13	45	54:46	20.4	1:10	189	47:16	10:31	2:01:39	
112	58	DEANNA PARROTT	4	F25-29	117	16:49	2:33	1:47	126	1:00:45	18.4	1:38	113	41:00	9:07	2:01:58	
113	288	ISRAEL SANTAMARIA	3	M25-29	128	17:08	2:36	2:12	129	1:00:58	18.3	0:40	114	41:01	9:07	2:01:58	
114	231	CORY BRUMMETT	21	M-Mil	108	16:41	2:32	2:27	78	57:45	19.3	1:14	148	43:55	9:46	2:02:01	
115	234	MICK CHANG	22	M-Mil	74	15:43	2:23	2:06	60	56:28	19.8	1:13	179	46:40	10:23	2:02:08	
116	145	BRIAN BOBLENZ	10	M40-44	98	16:31	2:31	1:27	106	59:59	18.6	1:53	129	42:32	9:28	2:02:20	
117	279	DAN SUNVOLD	23	M-Mil	165	18:10	2:46	2:57	47	54:50	20.4	1:48	145	43:42	9:43	2:02:25	1:00
118	115	GREG HOSKINSON	12	M35-39	164	18:10	2:46	1:45	89	58:31	19.1	1:14	139	43:17	9:38	2:02:55	
119	130	NATHAN KUROSAWA	13	M35-39	188	18:38	2:50	4:46	220	1:11:10	15.7	0:23	6	28:01	6:14	2:02:56	
120	63	MICHELLE MEIER	5	F25-29	109	16:43	2:32	1:38	143	1:02:18	17.9	0:47	119	41:44	9:17	2:03:07	
121	43	CARSON ROMERIL	8	M20-24	184	18:36	2:50	1:38	88	58:30	19.1	1:42	133	42:51	9:32	2:03:14	
122	248	NICHOLAS KARIM	24	M-Mil	111	16:45	2:33	1:43	162	1:04:02	17.4	0:55	103	39:58	8:53	2:03:20	
123	30	LEAH SCHRETTENTHALER	1	F15-19	17	13:00	1:59	1:02	205	1:09:04	16.2	0:41	106	40:06	8:55	2:03:53	
124	97	STEVEN CHANG	11	M30-34	90	16:21	2:29	3:38	103	59:46	18.7	2:06	130	42:33	9:28	2:04:22	
125	278	YVONNE SPENCER	5	F-Mil	216	19:31	2:58	1:17	168	1:04:34	17.3	1:03	81	37:18	8:18	2:04:41	1:00
126	212	WENDY MINOR	1	F55-59	84	16:07	2:27	1:46	112	1:00:12	18.5	1:17	163	45:29	10:07	2:04:49	
127	77	LISA TAKAYAMA	4	F30-34	141	17:16	2:37	2:12	120	1:00:31	18.4	1:50	138	43:16	9:37	2:05:04	
128	36	CODY TSUKAYAMA	3	M15-19	78	15:59	2:26	1:22	108	1:00:03	18.6	1:06	182	46:48	10:24	2:05:18	
129	149	MARY NILGES	5	F40-44	97	16:30	2:30	1:21	100	59:18	18.8	1:24	184	46:52	10:25	2:05:22	
130	157	JOHN HUNTINGTON	11	M40-44	106	16:38	2:32	2:20	123	1:00:39	18.4	1:24	156	44:34	9:55	2:05:32	

131	194	RICHARD CHENEY	7	M50-54	168	18:13	2:46	1:30	66	56:56	19.6	1:21	180	46:41	10:23	2:05:39	1:00
132	257	KENNETH MARR	25	M-Mil	131	17:10	2:36	2:15	81	58:02	19.2	1:09	188	47:07	10:29	2:05:41	
133	318	RACHEL MARVISH	6	F25-29	142	17:16	2:37	2:31	69	57:07	19.5	1:37	190	47:23	10:32	2:05:52	
134	133	WARREN AOKI	12	M40-44	185	18:36	2:50	2:09	68	57:06	19.6	4:52	142	43:32	9:41	2:06:13	
135	137	ROSS MORAKAMI	13	M40-44	237	20:49	3:10	4:00	243	1:15:24	14.8	1:25	2	24:40	5:29	2:06:16	
136	138	SHARIN SAKURAI	6	F40-44	221	19:40	2:59	2:11	141	1:02:16	17.9	1:58	110	40:35	9:02	2:06:38	
137	215	PHIL GRAY	3	M60-64	155	17:43	2:41	2:14	177	1:05:09	17.1	1:35	107	40:12	8:56	2:06:50	
138	94	JENNIFER TAYLOR	5	F30-34	186	18:36	2:50	1:20	139	1:02:06	18.0	1:28	143	43:33	9:41	2:07:02	
139	259	MICHAEL MARSTON	26	M-Mil	103	16:34	2:31	2:19	174	1:04:56	17.2	1:14	123	42:02	9:21	2:07:03	
140	307	EDWARD TOWNLEY	14	M35-39	167	18:12	2:46	2:10	148	1:02:34	17.8	2:42	118	41:32	9:14	2:07:09	
141	180	SCOTT HORWITZ	10	M45-49	124	17:01	2:35	1:10	110	1:00:08	18.6	2:17	178	46:40	10:23	2:07:14	
142	217	DAN WALKER	4	M60-64	194	18:41	2:50	3:28	116	1:00:22	18.5	1:32	140	43:17	9:38	2:07:19	
143	299	LARRY MACKEY	2	M55-59	149	17:23	2:38	1:33	161	1:03:42	17.5	1:07	150	43:59	9:47	2:07:42	
144	122	TIMOTHY MAXWELL	15	M35-39	150	17:24	2:39	2:16	140	1:02:14	17.9	1:33	157	44:35	9:55	2:07:59	
145	173	CLAUDE UEHARA	11	M45-49	205	19:07	2:54	2:33	138	1:01:46	18.1	1:55	134	42:55	9:33	2:08:14	
146	56	LEE-ANN HERNANDEZ	7	F25-29	234	20:42	3:09	1:30	135	1:01:42	18.1	1:39	131	42:48	9:31	2:08:18	
147	274	BOB SALAK	27	M-Mil	278	27:12	4:08	2:36	146	1:02:29	17.9	1:30	51	34:50	7:45	2:08:35	
148	251	AMANDA KIRSCHNER	6	F-Mil	228	20:24	3:06	1:46	255	1:18:56	14.1	1:06	3	26:30	5:54	2:08:40	
149	129	GWENDOLYN CHUNG	3	F35-39	193	18:40	2:50	1:59	119	1:00:30	18.5	1:46	165	45:49	10:11	2:08:41	
150	292	WAYNE DAVIS	14	M40-44	93	16:24	2:30	2:02	179	1:05:23	17.1	1:12	149	43:56	9:46	2:08:55	
151	252	MICHAEL KUDLA	28	M-Mil	175	18:26	2:48	2:08	131	1:01:02	18.3	0:51	177	46:35	10:21	2:09:00	
152	243	MARK GOPPERT	29	M-Mil	171	18:21	2:47	4:04	155	1:03:06	17.7	1:56	111	40:41	9:03	2:09:06	1:00
153	112	MICHAEL SPILLANE	16	M35-39	148	17:23	2:38	1:21	154	1:02:47	17.8	0:50	186	46:58	10:27	2:09:17	
154	84	JAMES TAYLOR	12	M30-34	69	15:23	2:20	1:23	132	1:01:07	18.3	1:14	212	50:22	11:12	2:09:27	
155	60	MARIANNA SHEEHAN	8	F25-29	82	16:05	2:27	2:11	150	1:02:42	17.8	2:07	174	46:28	10:20	2:09:30	
156	282	LAURA TRINKLE	7	F-Mil	189	18:38	2:50	1:57	163	1:04:06	17.4	0:45	153	44:24	9:52	2:09:48	
157	206	GEORGE SMITH	3	M55-59	224	19:53	3:01	2:18	95	58:53	19.0	1:49	187	47:07	10:29	2:09:57	
158	227	STEVE BETHKE	30	M-Mil	100	16:32	2:31	1:46	183	1:05:44	17.0	0:53	162	45:18	10:04	2:10:10	
159	87	SARAH CARLSON	6	F30-34	210	19:11	2:55	1:40	136	1:01:44	18.1	0:51	183	46:49	10:25	2:10:14	
160	214	DENNIS BURNS	5	M60-64	181	18:34	2:49	2:09	173	1:04:51	17.2	1:59	132	42:51	9:32	2:10:21	
161	208	TERENCE O'TOOLE	4	M55-59	137	17:13	2:37	2:25	169	1:04:36	17.3	2:12	151	44:00	9:47	2:10:24	
162	151	BRIAN OWEN	15	M40-44	265	23:21	3:33	2:08	137	1:01:45	18.1	1:36	128	42:32	9:27	2:11:20	
163	88	KALANI CHONG	13	M30-34	198	18:48	2:51	2:20	144	1:02:23	17.9	1:40	171	46:16	10:17	2:11:26	
164	235	CLAYTON CHEUNG	31	M-Mil	114	16:47	2:33	2:39	185	1:05:59	16.9	1:49	158	44:52	9:59	2:12:04	
165	102	JENNIFER NELSON	7	F30-34	174	18:25	2:48	1:41	192	1:06:56	16.7	1:14	152	44:00	9:47	2:12:14	
166	124	TROY GOLDHAMMER	17	M35-39	191	18:39	2:50	3:04	128	1:00:51	18.3	2:03	193	47:46	10:37	2:12:21	
167	309	JIMMY CORDES	18	M35-39	172	18:23	2:48	2:43	102	59:28	18.8	1:51	208	50:10	11:09	2:12:33	
168	187	LORI MCCARNEY	1	F50-54	256	22:09	3:22	1:28	158	1:03:17	17.6	1:22	155	44:25	9:53	2:12:39	
169	116	LAURA JANNECK	4	F35-39	63	15:02	2:17	2:10	214	1:10:17	15.9	1:31	147	43:51	9:45	2:12:49	
170	66	CHRISTOPHER PACK	14	M30-34	169	18:14	2:46	1:41	134	1:01:35	18.1	1:31	207	49:53	11:06	2:12:52	
171	117	BRAD LADWIG	19	M35-39	42	14:21	2:11	1:59	215	1:10:28	15.8	1:44	154	44:25	9:53	2:12:55	
172	49	TAIZO BRADEN	4	M25-29	47	14:29	2:12	2:24	208	1:09:30	16.1	1:02	164	45:41	10:10	2:13:03	
173	242	MELODY GILLINGER	8	F-Mil	173	18:23	2:48	2:09	159	1:03:19	17.6	1:14	198	48:03	10:41	2:13:07	
174	105	ANNETTE ECKMEIER	5	F35-39	218	19:33	2:58	1:28	142	1:02:18	17.9	1:06	204	48:52	10:52	2:13:14	
175	297	WAYNE LEWIS	15	M30-34	92	16:23	2:29	2:17	193	1:06:58	16.7	1:20	172	46:18	10:18	2:13:14	
176	125	RIC GRESIA	20	M35-39	65	15:06	2:18	4:21	181	1:05:36	17.0	1:56	181	46:47	10:24	2:13:44	
177	171	ROGER MIES	12	M45-49	121	16:53	2:34	3:24	153	1:02:45	17.8	0:45	209	50:12	11:10	2:13:58	
178	295	MARY HARTMAN	9	F25-29	116	16:49	2:33	3:11	171	1:04:46	17.2	2:15	170	46:10	10:16	2:14:08	1:00
179	126	KARIN HANSEN DEL REY	6	F35-39	61	15:00	2:17	2:36	197	1:07:55	16.4	1:13	192	47:31	10:34	2:14:13	
180	153	STELLA CABANA	7	F40-44	222	19:42	3:00	1:49	178	1:05:21	17.1	1:32	169	46:07	10:15	2:14:29	

181	92	MICHAEL OKINO	16	M30-34	199	18:49	2:51	2:10	172	1:04:51	17.2	1:51	185	46:55	10:26	2:14:34	
182	68	ROBERT BRANNON	17	M30-34	244	21:12	3:13	3:08	211	1:09:49	16.0	1:24	95	39:05	8:41	2:14:36	
183	197	BARRY KURREN	8	M50-54	163	18:03	2:44	1:49	147	1:02:31	17.9	2:06	214	50:42	11:16	2:15:08	
184	38	RACHEL ROSE	3	F20-24	152	17:40	2:41	0:35	198	1:08:10	16.4	0:53	200	48:17	10:44	2:15:33	
185	177	ANNE PERRY	2	F45-49	136	17:13	2:37	1:26	186	1:06:13	16.9	1:44	206	49:07	10:55	2:15:41	
186	306	GARY MARR	9	M50-54	270	24:30	3:43	2:24	166	1:04:22	17.3	2:14	125	42:15	9:24	2:15:44	
187	272	RICHARD PROBST	32	M-Mil	245	21:16	3:14	2:41	180	1:05:35	17.0	2:37	144	43:40	9:43	2:15:47	
188	216	ERIC SALMINEN	6	M60-64	219	19:36	2:59	2:07	101	59:25	18.8	1:56	231	53:08	11:49	2:16:09	
189	261	JIM MAULDIN	33	M-Mil	253	22:03	3:21	3:55	203	1:08:55	16.2	1:16	105	40:05	8:55	2:16:13	
190	268	JOSE ORTIZ	34	M-Mil	257	22:18	3:23	4:01	152	1:02:43	17.8	2:38	159	44:56	9:59	2:16:34	
191	207	BEVERLY BERNAL-MASUDA	2	F55-59	250	21:41	3:18	1:50	164	1:04:08	17.4	1:23	194	47:46	10:37	2:16:47	
192	319	GLENN PERRY	5	M55-59	183	18:36	2:49	1:27	191	1:06:54	16.7	1:17	202	48:37	10:49	2:16:49	
193	162	ALLISON JONES	8	F40-44	76	15:52	2:25	2:21	196	1:07:41	16.5	2:08	195	47:50	10:38	2:16:50	1:00
194	41	STEPHANIE BUCKLAND	4	F20-24	77	15:56	2:25	1:45	231	1:12:50	15.3	0:44	166	45:55	10:13	2:17:08	
195	203	WILLIAM DARRAH	6	M55-59	254	22:07	3:21	2:00	124	1:00:41	18.4	1:14	218	51:33	11:28	2:17:32	
196	237	ROBERT CULP	35	M-Mil	166	18:11	2:46	3:36	167	1:04:22	17.3	2:18	210	50:13	11:10	2:18:39	
197	301	KARI VASEY	2	F50-54	85	16:12	2:28	2:37	195	1:07:31	16.5	1:39	215	51:02	11:21	2:18:59	
198	308	DENA TEDDER	10	F25-29	107	16:39	2:32	1:58	222	1:11:29	15.6	1:49	191	47:29	10:34	2:19:23	
199	267	JESSE ORTEL	36	M-Mil	230	20:31	3:07	3:03	204	1:09:00	16.2	1:44	160	45:10	10:03	2:19:27	
200	10	GARRETT FONG	18	M30-34	151	17:28	2:39	1:24	151	1:02:43	17.8	1:14	248	56:55	12:39	2:19:41	
201	188	LINDA MORAN	3	F50-54	161	17:58	2:44	1:37	232	1:13:02	15.3	0:56	175	46:30	10:20	2:20:01	
202	293	DALE FRYXELL	16	M40-44	182	18:35	2:49	3:13	189	1:06:46	16.7	1:32	211	50:17	11:11	2:20:21	
203	51	KAEMA ROBERSON	11	F25-29	162	17:59	2:44	1:48	227	1:12:20	15.4	2:09	173	46:20	10:18	2:20:33	
204	103	KEVIN AKITA	21	M35-39	202	19:00	2:53	2:20	176	1:05:07	17.1	1:17	227	52:54	11:46	2:20:36	
205	69	CRYSTAL KAPUA	8	F30-34	207	19:08	2:54	1:46	212	1:10:03	15.9	1:10	201	48:32	10:47	2:20:37	
206	35	ALIKA YUEN	4	M15-19	31	13:52	2:07	1:58	201	1:08:45	16.2	1:09	246	55:21	12:18	2:21:03	
207	323	ERIN UYESHIRO	9	F-Mil	125	17:03	2:35	2:16	260	1:19:29	14.0	0:43	120	41:50	9:18	2:21:19	
208	118	JULIE NG	7	F35-39	170	18:17	2:47	1:49	207	1:09:29	16.1	1:14	216	51:07	11:22	2:21:54	
209	101	LISA MARONEY	9	F30-34	251	21:54	3:19	2:11	194	1:07:29	16.5	1:49	205	49:01	10:54	2:22:22	
210	302	THOMAS MARK	7	M55-59	196	18:43	2:51	1:57	187	1:06:29	16.8	1:12	239	54:30	12:07	2:22:50	
211	141	STEVEN LATHAM	17	M40-44	144	17:17	2:38	2:57	170	1:04:41	17.3	2:13	247	56:07	12:29	2:23:14	
212	85	JAIME UBONGEN	19	M30-34	160	17:58	2:44	1:34	200	1:08:43	16.2	1:09	234	53:56	12:00	2:23:18	
213	136	MATTHEW FARNES	18	M40-44	252	21:55	3:20	4:27	202	1:08:52	16.2	2:06	167	46:02	10:14	2:23:21	
214	195	BRAD COATES	10	M50-54	154	17:42	2:41	4:51	225	1:11:58	15.5	1:27	176	46:35	10:21	2:23:31	1:00
215	16	LORI FONG	10	F30-34	201	18:52	2:52	1:44	238	1:14:10	15.1	1:08	197	47:54	10:39	2:23:46	
216	182	MARSHA KITAGAWA	3	F45-49	158	17:50	2:43	1:40	210	1:09:44	16.0	1:21	232	53:19	11:51	2:23:53	
217	86	BRADLEY YAMADA	20	M30-34	179	18:33	2:49	3:00	209	1:09:44	16.0	4:23	203	48:49	10:51	2:24:28	
218	310	ALYSSA ABILA	2	F15-19	110	16:44	2:33	3:07	257	1:19:09	14.1	1:04	146	43:42	9:43	2:24:45	1:00
219	281	CARMEL TOMLINSON	10	F-Mil	153	17:42	2:41	2:02	234	1:13:30	15.2	1:18	213	50:37	11:15	2:25:07	
220	14	VERALYNN SANCHEZ	5	F-ELITE	235	20:45	3:09	1:25	190	1:06:51	16.7	1:37	240	54:32	12:07	2:25:07	
221	179	TY DANG	13	M45-49	211	19:11	2:55	3:00	236	1:13:41	15.1	1:47	199	48:10	10:43	2:25:48	
222	78	JASON UMINO	21	M30-34	157	17:46	2:42	3:05	228	1:12:26	15.4	1:15	223	52:11	11:36	2:26:41	
223	226	LAURA BERRY	11	F-Mil	159	17:51	2:43	3:31	229	1:12:33	15.4	1:11	219	51:42	11:30	2:26:45	
224	241	EMILY GAJESKI	12	F-Mil	197	18:45	2:51	2:47								2:27:05	
225	47	HEATHER WATSON	5	F20-24	240	21:05	3:12	1:48	199	1:08:17	16.3	2:28	233	53:51	11:58	2:27:27	
226	163	SANDRA CAPELLO	4	F45-49	220	19:39	2:59	2:19	221	1:11:13	15.7	1:26	228	52:58	11:47	2:27:33	
227	119	PATRICK TAMASHIRO	22	M35-39	233	20:40	3:08	2:16	219	1:10:58	15.7	2:18	217	51:28	11:27	2:27:37	
228	154	DJ DOLE	19	M40-44	147	17:19	2:38	3:38	175	1:04:58	17.2	16:53	161	45:18	10:04	2:28:04	
229	150	BILLIE NISHITA-KONG	9	F40-44	214	19:20	2:56	2:21	268	1:21:59	13.6	1:59	127	42:29	9:27	2:28:06	
230	210	BRIAN GOODYEAR	8	M55-59	226	20:12	3:04	2:36	217	1:10:55	15.7	1:59	226	52:48	11:44	2:28:27	

231	225	COREY APO	37	M-Mil	145	17:17	2:38	2:13	272	1:24:42	13.2	1:22	135	43:02	9:34	2:28:34
232	160	JULIE MEIER	10	F40-44	206	19:07	2:54	1:58	233	1:13:07	15.3	1:16	241	54:41	12:09	2:30:07
233	52	WILY WOO	5	M25-29	260	22:41	3:27	2:14	224	1:11:45	15.6	1:32	222	52:09	11:36	2:30:18
234	155	ROY GOMES	20	M40-44	217	19:33	2:58	2:27	246	1:15:39	14.8	1:53	220	52:04	11:35	2:31:33
235	186	KAREN GLANZ	4	F50-54	187	18:36	2:50	2:37	248	1:16:09	14.7	2:07	229	53:06	11:48	2:32:33
236	291	DAN COOKE	14	M45-49	177	18:28	2:48	2:31	230	1:12:45	15.3	1:44	249	57:13	12:43	2:32:38
237	37	BRANDON EARLY	9	M20-24	215	19:25	2:57	2:35								2:32:54
238	286	KELLY WILLIAMS	38	M-Mil	212	19:13	2:55	2:13	188	1:06:44	16.7	2:08	259	1:03:08	14:02	2:33:24
239	240	BRIAN GAINES	39	M-Mil	249	21:35	3:17	4:59	271	1:22:44	13.5	1:02	141	43:18	9:38	2:33:36
240	263	SEAN MCMURRY	40	M-Mil	195	18:41	2:50	4:39	223	1:11:37	15.6	5:20	244	54:59	12:14	2:35:14
241	189	KIERAN YAP	11	M50-54	258	22:28	3:25	2:23	244	1:15:31	14.8	1:48	230	53:08	11:49	2:35:15
242	55	STACY BENSON	12	F25-29	246	21:22	3:15	2:51	239	1:14:32	15.0	2:14	238	54:30	12:07	2:35:28
243	98	VALERIE COOMBS	11	F30-34	112	16:45	2:33	1:23	213	1:10:14	15.9	1:45	263	1:05:32	14:34	2:35:37
244	254	CHRISTOPHER LEINBACH	41	M-Mil	203	19:03	2:54	3:47	254	1:18:51	14.2	1:55	224	52:17	11:38	2:35:52
245	258	STEPHANIE MARSHALL	5	F50-54	277	26:50	4:04	1:56	235	1:13:30	15.2	2:02	225	52:42	11:43	2:36:58
246	273	TEAKA ROBBA	13	F-Mil	190	18:38	2:50	2:20	240	1:14:35	15.0	2:18	251	59:10	13:09	2:36:59
247	244	RANDELL HARRIS	42	M-Mil	248	21:30	3:16	3:55	269	1:22:06	13.6	1:58	196	47:53	10:39	2:37:20
248	54	JEN PACK	13	F25-29	208	19:10	2:55	2:27	216	1:10:37	15.8	1:55	260	1:03:30	14:07	2:37:38
249	200	WARREN HAYAMA	9	M55-59	232	20:37	3:08	4:05	242	1:15:23	14.8	2:46	245	55:01	12:14	2:37:51
250	167	CAROL GINOZA	5	F45-49	227	20:21	3:05	2:09	245	1:15:33	14.8	1:20	252	59:39	13:16	2:38:59
251	202	LINDA BROWNHOLTZ	3	F55-59	280	27:49	4:13	4:26	275	1:25:35	13.0	2:24	98	39:29	8:47	2:39:41
252	75	DANA RAINES	12	F30-34	274	25:04	3:48	1:57	226	1:12:06	15.5	1:00	255	1:00:23	13:25	2:40:28
253	324	COLLEEN HARRIS	14	F-Mil	276	25:28	3:52	2:57	247	1:15:44	14.7	1:42	242	54:50	12:12	2:40:39
254	33	SHANE TSUKAYAMA	5	M15-19	122	16:58	2:35	2:02	184	1:05:53	16.9	1:29	275	1:15:10	16:43	2:41:31
255	96	DANIEL WEISBECKER	22	M30-34	239	20:58	3:11	3:59	241	1:15:12	14.8	2:43	254	1:00:15	13:24	2:43:06
256	178	BRIAN SODERMAN	15	M45-49	266	24:16	3:41	4:11	259	1:19:14	14.1	3:27	221	52:04	11:35	2:43:11
257	317	KELLY WALL	23	M30-34	87	16:15	2:28	2:52	218	1:10:55	15.7	2:09	273	1:11:25	15:53	2:43:35
258	304	DONNA MARK	6	F50-54	231	20:34	3:07	2:07	237	1:14:08	15.1	1:20	264	1:05:38	14:36	2:43:45
259	61	ADRIENNE VAN BUREN	14	F25-29	204	19:07	2:54	2:32	265	1:21:07	13.8	1:07	253	1:00:08	13:22	2:43:59
260	233	GABRIELLE CARTER	15	F-Mil	261	22:54	3:29	6:36	258	1:19:09	14.1	1:55	243	54:55	12:13	2:45:26
261	59	MARIA REYES	15	F25-29	236	20:45	3:09	1:48	276	1:27:06	12.8	2:29	235	54:04	12:01	2:46:09
262	95	JULIA WALLACE	13	F30-34	263	23:14	3:32	3:55	267	1:21:32	13.7	2:12	250	57:16	12:44	2:48:07
263	321	REIKO YOKOYAMA	8	F35-39	243	21:10	3:13	3:24	261	1:19:56	14.0	2:16	257	1:02:36	13:55	2:49:20
264	70	TRAVIS KNOTT	24	M30-34	269	24:26	3:42	3:39	273	1:24:43	13.2	2:16	237	54:20	12:05	2:49:21
265	199	SACHI BRADEN	4	F55-59	273	24:58	3:47	3:30	274	1:25:28	13.1	1:52	236	54:08	12:02	2:49:55
266	222	CAROLYN HALL	7	F50-54	267	24:17	3:41	2:21	253	1:18:38	14.2	1:13	262	1:05:24	14:32	2:51:51
267	313	LINDA CARLIN	11	F40-44	225	20:06	3:03	2:46	249	1:17:06	14.5	3:14	271	1:10:14	15:37	2:53:25
268	143	MICHELLE REGN	12	F40-44	247	21:22	3:15	2:26	270	1:22:11	13.6	1:48	268	1:09:01	15:21	2:56:46
269	204	RUSSELL SEENEY	10	M55-59	271	24:31	3:43	3:36	250	1:18:10	14.3	1:24	269	1:09:07	15:22	2:56:46
270	110	ADA-MARIE POLLARD	9	F35-39	259	22:39	3:26	2:15	263	1:20:45	13.8	2:53	274	1:12:24	16:06	3:00:55
271	72	BRANDY MILLER	14	F30-34	268	24:19	3:41	4:05	256	1:18:58	14.1	3:02	272	1:11:12	15:50	3:01:34
272	82	JENNIFER OKINO	15	F30-34	264	23:14	3:32	2:42	277	1:31:34	12.2	1:58	258	1:02:57	14:00	3:02:24
273	271	MICHELE POOLE	16	F-Mil	275	25:25	3:52	4:47	264	1:21:02	13.8	2:13	270	1:09:20	15:25	3:02:45
274	164	CHRISTOPHER CHILDS	16	M45-49	279	27:45	4:13	3:47	266	1:21:27	13.7	3:06	266	1:07:20	14:58	3:03:23
275	161	TINA YAP	13	F40-44	281	29:40	4:30	2:55	262	1:20:05	13.9	2:31	267	1:08:26	15:13	3:03:35
276	219	FRED HIRAYAMA	1	M65-69	272	24:50	3:46	3:36	252	1:18:21	14.2	1:53	276	1:18:03	17:21	3:06:40
277	239	BRENDA DODGE	17	F-Mil	262	23:08	3:31	4:29	278	1:32:23	12.1	1:40	265	1:05:40	14:36	3:07:18
278	262	ERIN MCMURRY	18	F-Mil	223	19:43	3:00	9:22	251	1:18:16	14.3	2:41	277	1:19:18	17:38	3:09:18
279	50	CYNTHIA BROWN	16	F25-29	242	21:08	3:12	3:41	279	1:42:11	10.9	1:37	256	1:00:44	13:30	3:09:19
280	284	ERIN WAGNER	19	F-Mil	241	21:06	3:12	3:59	280	1:42:22	10.9	2:34	261	1:04:45	14:24	3:14:45

Ko Olina SPRINT TRIATHLON

***** AWARDS LIST *****

MALE ELITE INDIVIDUAL

Place	Name	Rank	Swim	Pace	T1	Rank	Bike	MPH	T2	Rank	Run	Pace	Time	Penalty
1	MARC LEES	3	11:10	1:42	0:35	1	45:01	24.8	0:39	2	27:16	6:04	1:24:40	
2	JIMMY DAVIS	7	12:39	1:55	0:33	3	45:29	24.5	0:35	1	26:50	5:58	1:26:05	
3	CHAD SEYMOUR	2	10:53	1:39	0:30	2	45:24	24.6	0:39	7	30:13	6:43	1:27:36	
4	TAI BLECHTA	6	12:10	1:51	0:30	4	46:36	24.0	0:52	3	28:06	6:15	1:28:12	
5	JEFF SANDERS	5	11:55	1:49	0:33	6	46:54	23.8	0:45	5	28:28	6:20	1:28:33	
6	CHRIS LARSON	8	13:46	2:06	0:36	5	46:45	23.9	0:42	4	28:07	6:15	1:29:54	
7	TIMOTHY MARR	1	10:52	1:39	0:32	7	47:23	23.6	0:37	9	31:25	6:59	1:30:46	
8	ANDREW SAUSE	4	11:30	1:45	0:36	8	49:32	22.5	0:44	6	30:09	6:42	1:32:29	
9	STEVEN SOELBERG	9	14:03	2:08	0:53	9	54:53	20.3	0:49	8	30:49	6:51	1:41:24	

FEMALE ELITE

Place	Name	Rank	Swim	Pace	T1	Rank	Bike	MPH	T2	Rank	Run	Pace	Time	Penalty
1	INGRID ROLLES	2	12:34	1:55	0:37	1	49:01	22.8	0:34	2	31:58	7:07	1:34:42	
2	SYLVIE DANSEREAU	3	13:37	2:04	0:28	2	49:10	22.7	0:31	1	31:43	7:03	1:35:27	
3	JENNA YANCEY	4	13:41	2:05	0:32	4	52:26	21.3	0:44	3	33:45	7:30	1:41:06	
4	DEIRDRE TENNANT	1	12:27	1:54	0:43	3	52:24	21.3	0:42	4	35:59	8:00	1:42:14	
5	VERALYNN SANCHEZ	5	20:45	3:09	1:25	5	1:06:51	16.7	1:37	5	54:32	12:07	2:25:07	

FEMALE INDIVIDUAL AGE GROUP: 15 - 19

Place	Name	Rank	Swim	Pace	T1	Rank	Bike	MPH	T2	Rank	Run	Pace	Time	Penalty
1	LEAH SCHRETENTHALER	1	13:00	1:59	1:02	1	1:09:04	16.2	0:41	1	40:06	8:55	2:03:53	
2	ALYSSA ABILA	2	16:44	2:33	3:07	2	1:19:09	14.1	1:04	2	43:42	9:43	2:24:45	1:00

FEMALE INDIVIDUAL AGE GROUP: 20 - 24

Place	Name	Rank	Swim	Pace	T1	Rank	Bike	MPH	T2	Rank	Run	Pace	Time	Penalty
1	MARION SUMMERER	2	13:20	2:02	0:51	1	52:43	21.2	0:37	1	31:38	7:02	1:39:07	
2	MISSY CAPONE	1	13:17	2:01	1:52	2	1:02:39	17.8	1:06	2	35:28	7:53	1:54:19	
3	RACHEL ROSE	4	17:40	2:41	0:35	3	1:08:10	16.4	0:53	4	48:17	10:44	2:15:33	
4	STEPHANIE BUCKLAND	3	15:56	2:25	1:45	5	1:12:50	15.3	0:44	3	45:55	10:13	2:17:08	
5	HEATHER WATSON	5	21:05	3:12	1:48	4	1:08:17	16.3	2:28	5	53:51	11:58	2:27:27	

FEMALE INDIVIDUAL AGE GROUP: 25 - 29

Place	Name	Rank	Swim	Pace	T1	Rank	Bike	MPH	T2	Rank	Run	Pace	Time	Penalty
1	HEATHER MCLAUGHLIN	7	16:52	2:34	1:11	1	54:08	20.6	1:08	2	37:02	8:14	1:50:19	
2	SARAH AFSHAR	8	17:12	2:37	1:28	3	58:51	19.0	0:58	1	33:26	7:26	1:51:52	
3	CHRISTINE KIM	6	16:50	2:34	1:27	5	1:01:12	18.2	1:16	3	40:03	8:54	2:00:47	
4	DEANNA PARROTT	5	16:49	2:33	1:47	4	1:00:45	18.4	1:38	4	41:00	9:07	2:01:58	
5	MICHELLE MEIER	3	16:43	2:32	1:38	7	1:02:18	17.9	0:47	5	41:44	9:17	2:03:07	
6	RACHEL MARVISH	9	17:16	2:37	2:31	2	57:07	19.5	1:37	10	47:23	10:32	2:05:52	
7	LEE-ANN HERNANDEZ	13	20:42	3:09	1:30	6	1:01:42	18.1	1:39	6	42:48	9:31	2:08:18	
8	MARIANNA SHEEHAN	1	16:05	2:27	2:11	8	1:02:42	17.8	2:07	9	46:28	10:20	2:09:30	
9	MARY HARTMAN	4	16:49	2:33	3:11	9	1:04:46	17.2	2:15	7	46:10	10:16	2:14:08	1:00
10	DENA TEDDER	2	16:39	2:32	1:58	11	1:11:29	15.6	1:49	11	47:29	10:34	2:19:23	
11	KAEMA ROBERSON	10	17:59	2:44	1:48	12	1:12:20	15.4	2:09	8	46:20	10:18	2:20:33	
12	STACY BENSON	16	21:22	3:15	2:51	13	1:14:32	15.0	2:14	13	54:30	12:07	2:35:28	
13	JEN PACK	12	19:10	2:55	2:27	10	1:10:37	15.8	1:55	16	1:03:30	14:07	2:37:38	
14	ADRIENNE VAN BUREN	11	19:07	2:54	2:32	14	1:21:07	13.8	1:07	14	1:00:08	13:22	2:43:59	
15	MARIA REYES	14	20:45	3:09	1:48	15	1:27:06	12.8	2:29	12	54:04	12:01	2:46:09	
16	CYNTHIA BROWN	15	21:08	3:12	3:41	16	1:42:11	10.9	1:37	15	1:00:44	13:30	3:09:19	

FEMALE INDIVIDUAL AGE GROUP: 30 - 34

Place	Name	Rank	Swim	Pace	T1	Rank	Bike	MPH	T2	Rank	Run	Pace	Time	Penalty
1	MAGGS MORRIS	2	15:04	2:17	0:57	6	1:02:26	17.9	1:05	1	38:21	8:32	1:57:50	
2	LAURAL DIDHAM	1	14:45	2:15	1:48	2	1:00:27	18.5	1:13	2	39:52	8:52	1:58:02	
3	EDNA PARINAS	5	17:19	2:38	1:39	1	58:27	19.1	1:05	3	41:25	9:13	1:59:54	
4	LISA TAKAYAMA	4	17:16	2:37	2:12	3	1:00:31	18.4	1:50	4	43:16	9:37	2:05:04	
5	JENNIFER TAYLOR	7	18:36	2:50	1:20	5	1:02:06	18.0	1:28	5	43:33	9:41	2:07:02	
6	SARAH CARLSON	10	19:11	2:55	1:40	4	1:01:44	18.1	0:51	7	46:49	10:25	2:10:14	
7	JENNIFER NELSON	6	18:25	2:48	1:41	7	1:06:56	16.7	1:14	6	44:00	9:47	2:12:14	
8	CRYSTAL KAPUA	9	19:08	2:54	1:46	9	1:10:03	15.9	1:10	9	48:32	10:47	2:20:37	
9	LISA MARONEY	11	21:54	3:19	2:11	8	1:07:29	16.5	1:49	10	49:01	10:54	2:22:22	
10	LORI FONG	8	18:52	2:52	1:44	12	1:14:10	15.1	1:08	8	47:54	10:39	2:23:46	
11	VALERIE COOMBS	3	16:45	2:33	1:23	10	1:10:14	15.9	1:45	14	1:05:32	14:34	2:35:37	
12	DANA RAINES	15	25:04	3:48	1:57	11	1:12:06	15.5	1:00	12	1:00:23	13:25	2:40:28	
13	JULIA WALLACE	12	23:14	3:32	3:55	14	1:21:32	13.7	2:12	11	57:16	12:44	2:48:07	
14	BRANDY MILLER	14	24:19	3:41	4:05	13	1:18:58	14.1	3:02	15	1:11:12	15:50	3:01:34	
15	JENNIFER OKINO	13	23:14	3:32	2:42	15	1:31:34	12.2	1:58	13	1:02:57	14:00	3:02:24	

FEMALE INDIVIDUAL AGE GROUP: 35 - 39

Place	Name	Rank	Swim	Pace	T1	Rank	Bike	MPH	T2	Rank	Run	Pace	Time	Penalty
1	SABRINA OGNOSKIE	1	13:49	2:06	1:11	1	57:30	19.4	1:10	1	33:41	7:30	1:47:19	
2	KOEHL MELANIE	4	17:15	2:37	1:44	2	58:37	19.0	1:24	2	35:55	7:59	1:54:53	
3	GWENDOLYN CHUNG	6	18:40	2:50	1:59	3	1:00:30	18.5	1:46	4	45:49	10:11	2:08:41	
4	LAURA JANNECK	3	15:02	2:17	2:10	7	1:10:17	15.9	1:31	3	43:51	9:45	2:12:49	
5	ANNETTE ECKMEIER	7	19:33	2:58	1:28	4	1:02:18	17.9	1:06	6	48:52	10:52	2:13:14	
6	KARIN HANSEN DEL REY	2	15:00	2:17	2:36	5	1:07:55	16.4	1:13	5	47:31	10:34	2:14:13	
7	JULIE NG	5	18:17	2:47	1:49	6	1:09:29	16.1	1:14	7	51:07	11:22	2:21:54	
8	REIKO YOKOYAMA	8	21:10	3:13	3:24	8	1:19:56	14.0	2:16	8	1:02:36	13:55	2:49:20	
9	ADA-MARIE POLLARD	9	22:39	3:26	2:15	9	1:20:45	13.8	2:53	9	1:12:24	16:06	3:00:55	

FEMALE INDIVIDUAL AGE GROUP: 40 - 44

Place	Name	Rank	Swim	Pace	T1	Rank	Bike	MPH	T2	Rank	Run	Pace	Time	Penalty
1	MOLLY BRESLIN	4	16:59	2:35	1:10	1	58:13	19.2	0:58	1	34:58	7:47	1:52:17	
2	JOY SECITARIO	6	17:11	2:37	1:33	3	1:00:03	18.6	1:16	2	38:47	8:38	1:58:48	
3	KC CARLSBERG	5	17:05	2:36	1:27	5	1:00:14	18.5	1:00	3	39:46	8:51	1:59:28	
4	MARCY FLEMING	2	16:02	2:26	1:31	4	1:00:09	18.6	1:27	5	41:52	9:19	2:00:59	
5	MARY NILGES	3	16:30	2:30	1:21	2	59:18	18.8	1:24	8	46:52	10:25	2:05:22	
6	SHARIN SAKURAI	9	19:40	2:59	2:11	6	1:02:16	17.9	1:58	4	40:35	9:02	2:06:38	
7	STELLA CABANA	10	19:42	3:00	1:49	7	1:05:21	17.1	1:32	7	46:07	10:15	2:14:29	
8	ALLISON JONES	1	15:52	2:25	2:21	8	1:07:41	16.5	2:08	9	47:50	10:38	2:16:50	1:00
9	BILLIE NISHITA-KONG	8	19:20	2:56	2:21	12	1:21:59	13.6	1:59	6	42:29	9:27	2:28:06	
10	JULIE MEIER	7	19:07	2:54	1:58	9	1:13:07	15.3	1:16	10	54:41	12:09	2:30:07	
11	LINDA CARLIN	11	20:06	3:03	2:46	10	1:17:06	14.5	3:14	13	1:10:14	15:37	2:53:25	
12	MICHELLE REGN	12	21:22	3:15	2:26	13	1:22:11	13.6	1:48	12	1:09:01	15:21	2:56:46	
13	TINA YAP	13	29:40	4:30	2:55	11	1:20:05	13.9	2:31	11	1:08:26	15:13	3:03:35	

FEMALE INDIVIDUAL AGE GROUP: 45 - 49

Place	Name	Rank	Swim	Pace	T1	Rank	Bike	MPH	T2	Rank	Run	Pace	Time	Penalty
1	RACHELLE JENSEN	1	13:17	2:01	1:13	1	56:50	19.6	1:03	1	34:48	7:44	1:47:09	
2	ANNE PERRY	2	17:13	2:37	1:26	2	1:06:13	16.9	1:44	2	49:07	10:55	2:15:41	
3	MARSHA KITAGAWA	3	17:50	2:43	1:40	3	1:09:44	16.0	1:21	4	53:19	11:51	2:23:53	
4	SANDRA CAPELLO	4	19:39	2:59	2:19	4	1:11:13	15.7	1:26	3	52:58	11:47	2:27:33	
5	CAROL GINOZA	5	20:21	3:05	2:09	5	1:15:33	14.8	1:20	5	59:39	13:16	2:38:59	

FEMALE INDIVIDUAL AGE GROUP: 50 - 54

Place	Name	Rank	Swim	Pace	T1	Rank	Bike	MPH	T2	Rank	Run	Pace	Time	Penalty
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1	LORI MCCARNEY	5	22:09	3:22	1:28	1	1:03:17	17.6	1:22	1	44:25	9:53	2:12:39	
2	KARI VASEY	1	16:12	2:28	2:37	2	1:07:31	16.5	1:39	3	51:02	11:21	2:18:59	
3	LINDA MORAN	2	17:58	2:44	1:37	3	1:13:02	15.3	0:56	2	46:30	10:20	2:20:01	
4	KAREN GLANZ	3	18:36	2:50	2:37	6	1:16:09	14.7	2:07	5	53:06	11:48	2:32:33	
5	STEPHANIE MARSHALL	7	26:50	4:04	1:56	4	1:13:30	15.2	2:02	4	52:42	11:43	2:36:58	
6	DONNA MARK	4	20:34	3:07	2:07	5	1:14:08	15.1	1:20	7	1:05:38	14:36	2:43:45	
7	CAROLYN HALL	6	24:17	3:41	2:21	7	1:18:38	14.2	1:13	6	1:05:24	14:32	2:51:51	

FEMALE INDIVIDUAL AGE GROUP: 55 - 59

Place	Name	Rank	Swim	Pace	T1	Rank	Bike	MPH	T2	Rank	Run	Pace	Time	Penalty
1	WENDY MINOR	1	16:07	2:27	1:46	1	1:00:12	18.5	1:17	2	45:29	10:07	2:04:49	
2	BEVERLY BERNAL-MASUDA	2	21:41	3:18	1:50	2	1:04:08	17.4	1:23	3	47:46	10:37	2:16:47	
3	LINDA BROWNHOLTZ	4	27:49	4:13	4:26	4	1:25:35	13.0	2:24	1	39:29	8:47	2:39:41	
4	SACHI BRADEN	3	24:58	3:47	3:30	3	1:25:28	13.1	1:52	4	54:08	12:02	2:49:55	

FEMALE INDIVIDUAL AGE GROUP: 65 - 69

Place	Name	Rank	Swim	Pace	T1	Rank	Bike	MPH	T2	Rank	Run	Pace	Time	Penalty
1	LYNN SETH	1	35:36	5:24	8:02								3:35:35	

FEMALE MILITARY

Place	Name	Rank	Swim	Pace	T1	Rank	Bike	MPH	T2	Rank	Run	Pace	Time	Penalty
1	JAIME JARRELL	1	13:03	1:59	1:13	1	56:45	19.7	0:44	2	34:53	7:45	1:46:35	
2	BRIDGET SMITH	2	13:42	2:05	1:22	4	1:03:13	17.7	0:37	3	36:11	8:03	1:55:03	
3	STEFANIA MATSUMURA	11	19:18	2:56	1:40	2	1:00:16	18.5	0:37	4	36:25	8:06	1:58:14	
4	BRIDGET MALFER	3	16:49	2:33	1:35	3	1:00:43	18.4	1:07	6	39:36	8:48	1:59:48	
5	YVONNE SPENCER	12	19:31	2:58	1:17	7	1:04:34	17.3	1:03	5	37:18	8:18	2:04:41	1:00
6	AMANDA KIRSCHNER	14	20:24	3:06	1:46	13	1:18:56	14.1	1:06	1	26:30	5:54	2:08:40	
7	LAURA TRINKLE	8	18:38	2:50	1:57	6	1:04:06	17.4	0:45	8	44:24	9:52	2:09:48	
8	MELODY GILLINGER	7	18:23	2:48	2:09	5	1:03:19	17.6	1:14	9	48:03	10:41	2:13:07	
9	ERIN UYESHIRO	4	17:03	2:35	2:16	15	1:19:29	14.0	0:43	7	41:50	9:18	2:21:19	
10	CARMEL TOMLINSON	5	17:42	2:41	2:02	9	1:13:30	15.2	1:18	10	50:37	11:15	2:25:07	
11	LAURA BERRY	6	17:51	2:43	3:31	8	1:12:33	15.4	1:11	11	51:42	11:30	2:26:45	
12	EMILY GAJESKI	10	18:45	2:51	2:47								2:27:05	
13	TEAKA ROBBA	9	18:38	2:50	2:20	10	1:14:35	15.0	2:18	14	59:10	13:09	2:36:59	
14	COLLEEN HARRIS	19	25:28	3:52	2:57	11	1:15:44	14.7	1:42	12	54:50	12:12	2:40:39	
15	GABRIELLE CARTER	16	22:54	3:29	6:36	14	1:19:09	14.1	1:55	13	54:55	12:13	2:45:26	
16	MICHELE POOLE	18	25:25	3:52	4:47	16	1:21:02	13.8	2:13	17	1:09:20	15:25	3:02:45	
17	BRENDA DODGE	17	23:08	3:31	4:29	17	1:32:23	12.1	1:40	16	1:05:40	14:36	3:07:18	
18	ERIN MCMURRY	13	19:43	3:00	9:22	12	1:18:16	14.3	2:41	18	1:19:18	17:38	3:09:18	
19	ERIN WAGNER	15	21:06	3:12	3:59	18	1:42:22	10.9	2:34	15	1:04:45	14:24	3:14:45	

MALE INDIVIDUAL AGE GROUP: 15 - 19

Place	Name	Rank	Swim	Pace	T1	Rank	Bike	MPH	T2	Rank	Run	Pace	Time	Penalty
1	ANDREW MCDONALD	3	14:26	2:12	1:29	1	53:18	20.9	0:54	1	32:37	7:15	1:42:42	
2	KALEN DARLING	1	11:05	1:41	1:08								1:49:22	
3	CODY TSUKAYAMA	4	15:59	2:26	1:22	2	1:00:03	18.6	1:06	2	46:48	10:24	2:05:18	

4 ALIKA YUEN	2	13:52	2:07	1:58	4	1:08:45	16.2	1:09	3	55:21	12:18	2:21:03
5 SHANE TSUKAYAMA	5	16:58	2:35	2:02	3	1:05:53	16.9	1:29	4	1:15:10	16:43	2:41:31

MALE INDIVIDUAL AGE GROUP: 20 - 24

Place	Name	Rank	Swim	Pace	T1	Rank	Bike	MPH	T2	Rank	Run	Pace	Time	Penalty
1	WILLIAM WONG	1	11:59	1:49	0:42	3	53:21	20.9	0:35	1	31:26	6:59	1:38:00	
2	KURT CHAMBERS	2	12:40	1:56	0:40	1	50:11	22.2	0:48	6	37:01	8:14	1:41:19	
3	BEAU BOSTIC	4	14:21	2:11	1:20	2	51:04	21.9	0:56	4	35:46	7:57	1:44:24	1:00
4	ARIEL SALINAS	6	16:15	2:28	1:09	4	55:56	20.0	0:49	2	34:13	7:37	1:48:19	
5	BEN SHELTMIRE	5	16:06	2:27	1:52	5	57:20	19.5	1:10	5	36:36	8:08	1:53:02	
6	DAMON IAEA	3	14:17	2:10	1:01	7	58:58	18.9	0:44	7	39:31	8:47	1:54:29	
7	SEAN GLASS	7	17:09	2:36	1:49	8	1:00:51	18.3	1:09	3	34:37	7:42	1:55:33	
8	CARSON ROMERIL	8	18:36	2:50	1:38	6	58:30	19.1	1:42	8	42:51	9:32	2:03:14	
9	BRANDON EARLY	9	19:25	2:57	2:35								2:32:54	

MALE INDIVIDUAL AGE GROUP: 25 - 29

Place	Name	Rank	Swim	Pace	T1	Rank	Bike	MPH	T2	Rank	Run	Pace	Time	Penalty
1	SCOTT MILLER	1	12:10	1:51	0:46	1	48:57	22.8	0:36	1	28:20	6:18	1:30:47	
2	BRIAN CARR	3	14:51	2:15	2:10	2	56:50	19.6	0:58	2	38:57	8:40	1:53:44	
3	ISRAEL SANTAMARIA	4	17:08	2:36	2:12	3	1:00:58	18.3	0:40	3	41:01	9:07	2:01:58	
4	TAIZO BRADEN	2	14:29	2:12	2:24	4	1:09:30	16.1	1:02	4	45:41	10:10	2:13:03	
5	WILY WOO	5	22:41	3:27	2:14	5	1:11:45	15.6	1:32	5	52:09	11:36	2:30:18	

MALE INDIVIDUAL AGE GROUP: 30 - 34

Place	Name	Rank	Swim	Pace	T1	Rank	Bike	MPH	T2	Rank	Run	Pace	Time	Penalty
1	WIL YAMAMOTO	1	11:52	1:48	0:47	1	50:22	22.2	0:44	1	31:47	7:04	1:35:30	
2	JOSHUA LIND	4	14:47	2:15	0:55	3	51:04	21.9	0:35	2	31:50	7:05	1:39:09	
3	JOHN HENDERSON	5	15:07	2:18	0:55	2	50:59	21.9	0:59	3	32:58	7:20	1:40:55	
4	DUANE TAMASHIRO	7	15:28	2:21	1:04	4	53:02	21.0	0:45	4	33:08	7:22	1:43:25	
5	RICHIE MAY	3	14:23	2:11	1:31	7	58:18	19.1	1:02	5	33:41	7:29	1:48:53	
6	MICHAEL KEY	2	14:22	2:11	1:46	8	58:24	19.1	1:23	7	35:06	7:48	1:51:00	
7	JEREMIAH JOHNSON	13	16:37	2:31	2:27	5	57:19	19.5	1:00	6	34:04	7:35	1:51:25	
8	JASON EVERETT	12	16:33	2:31	3:13	9	59:13	18.9	0:29	8	35:58	8:00	1:55:23	
9	JAY MILLER	11	16:29	2:30	1:57	6	57:42	19.3	1:50	9	37:35	8:21	1:55:31	
10	MATTHEW RAULS	14	16:38	2:32	2:21	11	1:00:23	18.5	1:04	11	39:26	8:46	1:59:49	
11	STEVEN CHANG	9	16:21	2:29	3:38	10	59:46	18.7	2:06	12	42:33	9:28	2:04:22	
12	JAMES TAYLOR	6	15:23	2:20	1:23	12	1:01:07	18.3	1:14	18	50:22	11:12	2:09:27	
13	KALANI CHONG	20	18:48	2:51	2:20	14	1:02:23	17.9	1:40	13	46:16	10:17	2:11:26	
14	CHRISTOPHER PACK	18	18:14	2:46	1:41	13	1:01:35	18.1	1:31	17	49:53	11:06	2:12:52	
15	WAYNE LEWIS	10	16:23	2:29	2:17	18	1:06:58	16.7	1:20	14	46:18	10:18	2:13:14	
16	MICHAEL OKINO	21	18:49	2:51	2:10	17	1:04:51	17.2	1:51	15	46:55	10:26	2:14:34	
17	ROBERT BRANNON	23	21:12	3:13	3:08	21	1:09:49	16.0	1:24	10	39:05	8:41	2:14:36	
18	GARRETT FONG	15	17:28	2:39	1:24	15	1:02:43	17.8	1:14	22	56:55	12:39	2:19:41	
19	JAIME UBONGEN	17	17:58	2:44	1:34	19	1:08:43	16.2	1:09	20	53:56	12:00	2:23:18	
20	BRADLEY YAMADA	19	18:33	2:49	3:00	20	1:09:44	16.0	4:23	16	48:49	10:51	2:24:28	
21	JASON UMINO	16	17:46	2:42	3:05	23	1:12:26	15.4	1:15	19	52:11	11:36	2:26:41	
22	DANIEL WEISBECKER	22	20:58	3:11	3:59	24	1:15:12	14.8	2:43	23	1:00:15	13:24	2:43:06	
23	KELLY WALL	8	16:15	2:28	2:52	22	1:10:55	15.7	2:09	24	1:11:25	15:53	2:43:35	
24	TRAVIS KNOTT	24	24:26	3:42	3:39	25	1:24:43	13.2	2:16	21	54:20	12:05	2:49:21	
25	STEVEN CHARLES				1:21	16	1:04:14	17.4	1:15					

MALE INDIVIDUAL AGE GROUP: 35 - 39

Place	Name	Rank	Swim	Pace	T1	Rank	Bike	MPH	T2	Rank	Run	Pace	Time	Penalty
1	DOUG PERRY	2	14:08	2:09	1:08	1	46:26	24.0	0:55	2	29:43	6:37	1:32:19	
2	STEPHEN DEWALD	1	13:16	2:01	0:54	3	53:28	20.9	0:45	4	34:10	7:36	1:42:32	
3	DARYL TAMASHIRO	5	14:35	2:13	0:47	2	51:31	21.7	0:42	7	35:43	7:57	1:43:17	
4	GREG KUGLE	3	14:12	2:10	1:41	4	54:59	20.3	0:56	3	32:59	7:20	1:44:46	
5	TIM O'MALLEY	8	15:29	2:21	1:09	5	55:48	20.0	1:34	9	36:01	8:01	1:49:59	
6	STEVEN KANG	9	15:35	2:22	2:59	6	56:36	19.7	2:19	5	35:12	7:50	1:52:39	
7	DAVE CHONG	20	19:11	2:55	2:00	10	58:44	19.0	1:45	6	35:18	7:51	1:56:56	
8	WADE TANDBERG	21	20:30	3:07	1:37	7	57:44	19.3	0:52	10	36:46	8:11	1:57:27	
9	ERIC CHANG	6	14:43	2:14	1:32	8	58:03	19.2	1:00	13	42:26	9:26	1:57:43	
10	CLINTON SOO	16	18:33	2:49	3:53	13	1:00:18	18.5	2:17	8	35:45	7:57	2:00:45	

11	WILLIAM KERNSTOCK	10	17:09	2:36	1:54	12	59:53	18.6	0:56	11	41:18	9:11	2:01:08
12	GREG HOSKINSON	13	18:10	2:46	1:45	9	58:31	19.1	1:14	14	43:17	9:38	2:02:55
13	NATHAN KUROSAWA	17	18:38	2:50	4:46	22	1:11:10	15.7	0:23	1	28:01	6:14	2:02:56
14	EDWARD TOWNLEY	14	18:12	2:46	2:10	16	1:02:34	17.8	2:42	12	41:32	9:14	2:07:09
15	TIMOTHY MAXWELL	12	17:24	2:39	2:16	15	1:02:14	17.9	1:33	16	44:35	9:55	2:07:59
16	MICHAEL SPILLANE	11	17:23	2:38	1:21	17	1:02:47	17.8	0:50	18	46:58	10:27	2:09:17
17	TROY GOLDHAMMER	18	18:39	2:50	3:04	14	1:00:51	18.3	2:03	19	47:46	10:37	2:12:21
18	JIMMY CORDES	15	18:23	2:48	2:43	11	59:28	18.8	1:51	20	50:10	11:09	2:12:33
19	BRAD LADWIG	4	14:21	2:11	1:59	20	1:10:28	15.8	1:44	15	44:25	9:53	2:12:55
20	RIC GRESIA	7	15:06	2:18	4:21	19	1:05:36	17.0	1:56	17	46:47	10:24	2:13:44
21	KEVIN AKITA	19	19:00	2:53	2:20	18	1:05:07	17.1	1:17	22	52:54	11:46	2:20:36
22	PATRICK TAMASHIRO	22	20:40	3:08	2:16	21	1:10:58	15.7	2:18	21	51:28	11:27	2:27:37

MALE INDIVIDUAL AGE GROUP: 40 - 44

Place	Name	Rank	Swim	Pace	T1	Rank	Bike	MPH	T2	Rank	Run	Pace	Time	Penalty
1	DOUGLAS SMITH	5	14:40	2:14	1:00	2	51:40	21.6	0:45	2	29:39	6:36	1:37:43	
2	TORE LERAAND	1	12:39	1:55	1:14	4	52:30	21.3	0:50	3	32:26	7:13	1:39:37	
3	ROSS YAMANE	2	14:18	2:10	1:19	1	50:45	22.0	0:55	5	34:34	7:41	1:41:49	
4	STANFORD OYAMA	3	14:18	2:10	1:08	3	52:15	21.4	0:58	6	36:12	8:03	1:44:49	
5	JERRY LOGAN	7	15:20	2:20	1:21	6	53:30	20.9	0:44	4	34:10	7:36	1:45:03	
6	WILLIAM MAKANUI	6	14:43	2:14	1:37	5	53:11	21.0	1:08	7	37:31	8:21	1:48:08	
7	ROBERT FRISKEL	12	17:10	2:36	1:36	8	55:31	20.1	1:41	8	38:58	8:40	1:54:54	
8	TERRY CORPUS	4	14:38	2:13	2:28	9	56:06	19.9	2:00	9	40:44	9:03	1:55:54	
9	SEAN GONGWER	9	16:26	2:30	1:03	7	54:46	20.4	1:00	17	46:04	10:15	2:00:17	1:00
10	BRIAN BOBLENZ	10	16:31	2:31	1:27	11	59:59	18.6	1:53	11	42:32	9:28	2:02:20	
11	JOHN HUNTINGTON	11	16:38	2:32	2:20	12	1:00:39	18.4	1:24	14	44:34	9:55	2:05:32	
12	WARREN AOKI	16	18:36	2:50	2:09	10	57:06	19.6	4:52	12	43:32	9:41	2:06:13	
13	ROSS MORAKAMI	18	20:49	3:10	4:00	19	1:15:24	14.8	1:25	1	24:40	5:29	2:06:16	
14	WAYNE DAVIS	8	16:24	2:30	2:02	16	1:05:23	17.1	1:12	13	43:56	9:46	2:08:55	
15	BRIAN OWEN	20	23:21	3:33	2:08	13	1:01:45	18.1	1:36	10	42:32	9:27	2:11:20	
16	DALE FRYXELL	15	18:35	2:49	3:13	17	1:06:46	16.7	1:32	18	50:17	11:11	2:20:21	
17	STEVEN LATHAM	13	17:17	2:38	2:57	14	1:04:41	17.3	2:13	20	56:07	12:29	2:23:14	
18	MATTHEW FARNES	19	21:55	3:20	4:27	18	1:08:52	16.2	2:06	16	46:02	10:14	2:23:21	
19	DJ DOLE	14	17:19	2:38	3:38	15	1:04:58	17.2	16:53	15	45:18	10:04	2:28:04	
20	ROY GOMES	17	19:33	2:58	2:27	20	1:15:39	14.8	1:53	19	52:04	11:35	2:31:33	
21	MIKE NISHIMOTO													1:00

MALE INDIVIDUAL AGE GROUP: 45 - 49

Place	Name	Rank	Swim	Pace	T1	Rank	Bike	MPH	T2	Rank	Run	Pace	Time	Penalty
1	GARY SATO	1	13:48	2:06	0:50	1	48:40	22.9	0:48	2	34:11	7:36	1:38:15	
2	ROD HUDDLESTON	2	15:09	2:18	1:28	3	52:52	21.1	1:29	1	31:10	6:56	1:42:06	
3	DAVID GRIFFITH	3	15:59	2:26	1:23	2	51:16	21.8	1:09	6	38:28	8:33	1:48:13	
4	EDWIN BUGARIN	5	16:23	2:29	1:55	4	55:34	20.1	1:26	7	40:16	8:57	1:55:32	
5	ROY KANEMITSU	7	16:46	2:33	1:31	6	57:15	19.5	0:59	8	41:09	9:09	1:57:38	
6	MARK MIDDLETON	4	16:04	2:26	2:42	10	1:00:38	18.4	1:32	4	37:04	8:15	1:57:58	
7	RICHARD MENGATO	11	17:46	2:42	3:41	7	58:34	19.1	2:15	3	36:29	8:07	1:58:43	
8	PETE EDDY	8	16:48	2:33	2:21	8	59:49	18.7	1:48	5	37:56	8:26	1:59:41	1:00
9	RUSSELL KONG	6	16:29	2:30	2:23	5	57:15	19.5	1:20	10	43:16	9:37	2:00:40	

10	SCOTT HORWITZ	10	17:01	2:35	1:10	9	1:00:08	18.6	2:17	11	46:40	10:23	2:07:14
11	CLAUDE UEHARA	13	19:07	2:54	2:33	11	1:01:46	18.1	1:55	9	42:55	9:33	2:08:14
12	ROGER MIES	9	16:53	2:34	3:24	12	1:02:45	17.8	0:45	13	50:12	11:10	2:13:58
13	TY DANG	14	19:11	2:55	3:00	15	1:13:41	15.1	1:47	12	48:10	10:43	2:25:48
14	DAN COOKE	12	18:28	2:48	2:31	14	1:12:45	15.3	1:44	15	57:13	12:43	2:32:38
15	BRIAN SODERMAN	16	24:16	3:41	4:11	16	1:19:14	14.1	3:27	14	52:04	11:35	2:43:11
16	CHRISTOPHER CHILDS	17	27:45	4:13	3:47	17	1:21:27	13.7	3:06	16	1:07:20	14:58	3:03:23
17	GLENN MASHIBA	15	22:08	3:22	3:28	13	1:05:41	17.0					

MALE INDIVIDUAL AGE GROUP: 50 - 54

Place	Name	Rank	Swim	Pace	T1	Rank	Bike	MPH	T2	Rank	Run	Pace	Time	Penalty
1	BLAKE MARR	1	13:28	2:03	1:15	1	50:37	22.1	1:18	2	34:52	7:45	1:41:28	
2	JEFFREY RHODES	5	16:32	2:31	1:44	2	54:11	20.6	0:59	1	34:06	7:35	1:47:30	
3	ALTON MOTOBU	2	14:33	2:13	1:18	6	58:44	19.0	1:13	5	42:05	9:22	1:57:52	
4	TIMOTHY CONWAY	3	15:50	2:24	1:37	7	59:13	18.9	1:27	3	40:24	8:59	1:58:29	
5	AARON FUUINAKA	4	16:20	2:29	1:21	5	57:47	19.3	1:28	4	41:59	9:20	1:58:53	
6	CRAIG THOMAS	6	17:17	2:37	1:13	3	54:46	20.4	1:10	9	47:16	10:31	2:01:39	
7	RICHARD CHENEY	9	18:13	2:46	1:30	4	56:56	19.6	1:21	8	46:41	10:23	2:05:39	1:00
8	BARRY KURREN	8	18:03	2:44	1:49	8	1:02:31	17.9	2:06	10	50:42	11:16	2:15:08	
9	GARY MARR	11	24:30	3:43	2:24	10	1:04:22	17.3	2:14	6	42:15	9:24	2:15:44	
10	BRAD COATES	7	17:42	2:41	4:51	11	1:11:58	15.5	1:27	7	46:35	10:21	2:23:31	1:00
11	KIERAN YAP	10	22:28	3:25	2:23	12	1:15:31	14.8	1:48	11	53:08	11:49	2:35:15	
12	ROBERT DAVE				1:15	9	1:03:15	17.6	1:33					

MALE INDIVIDUAL AGE GROUP: 55 - 59

Place	Name	Rank	Swim	Pace	T1	Rank	Bike	MPH	T2	Rank	Run	Pace	Time	Penalty
1	CHUCK MILLER	3	18:32	2:49	1:37	1	56:04	19.9	1:20	1	38:14	8:30	1:55:46	
2	LARRY MACKEY	2	17:23	2:38	1:33	4	1:03:42	17.5	1:07	2	43:59	9:47	2:07:42	
3	GEORGE SMITH	6	19:53	3:01	2:18	2	58:53	19.0	1:49	4	47:07	10:29	2:09:57	
4	TERENCE O'TOOLE	1	17:13	2:37	2:25	5	1:04:36	17.3	2:12	3	44:00	9:47	2:10:24	
5	GLENN PERRY	4	18:36	2:49	1:27	7	1:06:54	16.7	1:17	5	48:37	10:49	2:16:49	
6	WILLIAM DARRAH	9	22:07	3:21	2:00	3	1:00:41	18.4	1:14	6	51:33	11:28	2:17:32	
7	THOMAS MARK	5	18:43	2:51	1:57	6	1:06:29	16.8	1:12	8	54:30	12:07	2:22:50	
8	BRIAN GOODYEAR	7	20:12	3:04	2:36	8	1:10:55	15.7	1:59	7	52:48	11:44	2:28:27	
9	WARREN HAYAMA	8	20:37	3:08	4:05	9	1:15:23	14.8	2:46	9	55:01	12:14	2:37:51	
10	RUSSELL SEENEY	10	24:31	3:43	3:36	10	1:18:10	14.3	1:24	10	1:09:07	15:22	2:56:46	
11	PATRICK VYAS													

MALE INDIVIDUAL AGE GROUP: 60 - 64

Place	Name	Rank	Swim	Pace	T1	Rank	Bike	MPH	T2	Rank	Run	Pace	Time	Penalty
1	ED LETOURNEAU	1	14:23	2:11	0:50	1	54:08	20.6	0:56	1	33:40	7:29	1:43:56	
2	BEN ABIHAI	3	18:26	2:48	1:35	2	56:10	19.9	1:18	2	36:40	8:09	1:54:08	
3	PHIL GRAY	2	17:43	2:41	2:14	6	1:05:09	17.1	1:35	3	40:12	8:56	2:06:50	
4	DAN WALKER	5	18:41	2:50	3:28	4	1:00:22	18.5	1:32	5	43:17	9:38	2:07:19	
5	DENNIS BURNS	4	18:34	2:49	2:09	5	1:04:51	17.2	1:59	4	42:51	9:32	2:10:21	
6	ERIC SALMINEN	6	19:36	2:59	2:07	3	59:25	18.8	1:56	6	53:08	11:49	2:16:09	

MALE INDIVIDUAL AGE GROUP: 65 - 69

Place	Name	Rank	Swim	Pace	T1	Rank	Bike	MPH	T2	Rank	Run	Pace	Time	Penalty
1	FRED HIRAYAMA	1	24:50	3:46	3:36	1	1:18:21	14.2	1:53	1	1:18:03	17:21	3:06:40	

MALE MILITARY

Place	Name	Rank	Swim	Pace	T1	Rank	Bike	MPH	T2	Rank	Run	Pace	Time	Penalty
1	JOHN SZATKOWSKI	5	14:07	2:09	1:22	1	51:23	21.7	0:43	2	28:34	6:21	1:36:07	
2	ADAM BECKER	8	14:38	2:13	0:46	5	54:31	20.5	0:41	3	29:40	6:36	1:40:14	
3	JIM KILBY	1	12:40	1:56	1:18	2	52:38	21.2	1:14	5	33:03	7:21	1:41:51	1:00
4	JOSEPH PEARL	7	14:34	2:13	1:29	6	54:37	20.4	1:08	6	33:41	7:29	1:45:27	
5	DON BORCHELT	9	14:51	2:15	1:38	3	53:13	21.0	1:25	13	35:57	8:00	1:47:03	
6	ADAM BORAH	10	15:02	2:17	0:57	10	55:43	20.0	0:46	17	37:51	8:25	1:50:17	
7	ART BORNSCHEIN	15	16:33	2:31	1:34	8	54:58	20.3	1:32	12	35:42	7:56	1:51:18	1:00
8	AARON ULLMAN	13	16:17	2:29	2:12	21	1:00:34	18.4	0:43	4	32:13	7:10	1:51:58	
9	STEVEN MILES	2	13:52	2:06	3:02	16	57:59	19.3	1:16	14	35:58	8:00	1:52:04	
10	MARK KELLY	32	18:51	2:52	2:17	9	55:10	20.2	1:19	9	34:36	7:42	1:52:11	
11	RAY OTT	4	14:00	2:08	2:09	4	54:28	20.5	1:18	20	39:21	8:45	1:52:15	1:00
12	JIM DANIEL	24	17:16	2:37	1:52	19	59:17	18.8	1:19	7	33:47	7:31	1:53:29	
13	ERIK LADD	6	14:32	2:13	1:53	22	1:00:59	18.3	1:10	11	35:20	7:51	1:53:52	
14	JIM LONG	22	17:11	2:37	2:18	13	57:01	19.6	1:19	15	36:20	8:05	1:54:08	
15	JAMIE KANE	11	15:26	2:21	1:45	12	56:45	19.7	1:48	19	38:37	8:35	1:54:20	
16	DJ COBB	30	18:40	2:50	2:01	14	57:40	19.4	1:06	16	37:48	8:24	1:57:13	
17	MICHAEL WHITT	36	20:55	3:11	3:30	37	1:09:26	16.1	1:20	1	23:11	5:10	1:58:20	
18	JAMIE HILLS	3	13:55	2:07	1:58	18	58:14	19.2	1:13	26	43:09	9:36	1:58:29	
19	KEN SERSUN	23	17:15	2:37	2:17	27	1:03:36	17.6	1:20	8	34:29	7:40	1:58:54	
20	AARON CAMPBELL	20	17:06	2:36	3:22	20	1:00:04	18.6	2:02	18	38:03	8:28	2:00:34	
21	CORY BRUMMETT	17	16:41	2:32	2:27	15	57:45	19.3	1:14	30	43:55	9:46	2:02:01	
22	MICK CHANG	12	15:43	2:23	2:06	11	56:28	19.8	1:13	36	46:40	10:23	2:02:08	
23	DAN SUNVOLD	26	18:10	2:46	2:57	7	54:50	20.4	1:48	29	43:42	9:43	2:02:25	1:00
24	NICHOLAS KARIM	18	16:45	2:33	1:43	28	1:04:02	17.4	0:55	21	39:58	8:53	2:03:20	
25	KENNETH MARR	21	17:10	2:36	2:15	17	58:02	19.2	1:09	37	47:07	10:29	2:05:41	
26	MICHAEL MARSTON	16	16:34	2:31	2:19	30	1:04:56	17.2	1:14	24	42:02	9:21	2:07:03	
27	BOB SALAK	42	27:12	4:08	2:36	24	1:02:29	17.9	1:30	10	34:50	7:45	2:08:35	
28	MICHAEL KUDLA	29	18:26	2:48	2:08	23	1:01:02	18.3	0:51	35	46:35	10:21	2:09:00	
29	MARK GOPPERT	28	18:21	2:47	4:04	26	1:03:06	17.7	1:56	23	40:41	9:03	2:09:06	1:00
30	STEVE BETHKE	14	16:32	2:31	1:46	32	1:05:44	17.0	0:53	34	45:18	10:04	2:10:10	
31	CLAYTON CHEUNG	19	16:47	2:33	2:39	33	1:05:59	16.9	1:49	31	44:52	9:59	2:12:04	
32	RICHARD PROBST	37	21:16	3:14	2:41	31	1:05:35	17.0	2:37	28	43:40	9:43	2:15:47	
33	JIM MAULDIN	40	22:03	3:21	3:55	35	1:08:55	16.2	1:16	22	40:05	8:55	2:16:13	
34	JOSE ORTIZ	41	22:18	3:23	4:01	25	1:02:43	17.8	2:38	32	44:56	9:59	2:16:34	
35	ROBERT CULP	27	18:11	2:46	3:36	29	1:04:22	17.3	2:18	39	50:13	11:10	2:18:39	
36	JESSE ORTEL	35	20:31	3:07	3:03	36	1:09:00	16.2	1:44	33	45:10	10:03	2:19:27	
37	COREY APO	25	17:17	2:38	2:13	42	1:24:42	13.2	1:22	25	43:02	9:34	2:28:34	
38	KELLY WILLIAMS	34	19:13	2:55	2:13	34	1:06:44	16.7	2:08	42	1:03:08	14:02	2:33:24	
39	BRIAN GAINES	39	21:35	3:17	4:59	41	1:22:44	13.5	1:02	27	43:18	9:38	2:33:36	

40	SEAN MCMURRY	31	18:41	2:50	4:39	38	1:11:37	15.6	5:20	41	54:59	12:14	2:35:14
41	CHRISTOPHER LEINBACH	33	19:03	2:54	3:47	39	1:18:51	14.2	1:55	40	52:17	11:38	2:35:52
42	RANDELL HARRIS	38	21:30	3:16	3:55	40	1:22:06	13.6	1:58	38	47:53	10:39	2:37:20

**Ko Olina SPRINT TRIATHLON
KIDS 7-10**

KIDS 7-10

Place	NO.	NAME	DIV	SWIM PLACE	SWIM TIME	SWIM PACE	T-1	BIKE PLACE	BIKE TIME	BIKE MPH	T-2	RUN PLACE	RUN TIME	RUN PACE	TOTAL TIME
1	331	GEORGE LEE	1 M07-08									9	11:33	8:15	18:21
2	366	KALANI KAYSER	1 M09-10	7	2:29	4:58	1:11	1	5:25	26.7	0:23	2	10:33	7:32	19:59
3	358	LAUREN ARAKAWA	1 F09-10	1	1:55	3:50	1:20	3	5:41	25.4	0:29	4	10:38	7:36	20:01
4	355	KENNEDY KUGLE	2 M09-10	11	2:38	5:15	1:27	21	6:26	22.4	0:42	1	9:06	6:30	20:17
5	354	LINDSEY DEWALD	3 M09-10	24	2:54	5:47	0:57	6	5:54	24.5	0:39	10	11:35	8:17	21:57
6	347	PIERCE WATUMULL	2 M07-08	16	2:44	5:27	1:19	17	6:22	22.7	0:41	5	10:53	7:47	21:57
7	345	DILLON KUGLE	3 M07-08	27	3:05	6:09	1:22	14	6:15	23.1	0:41	3	10:36	7:34	21:57
8	330	JAKOB DEWALD	4 M07-08	28	3:07	6:13	0:54	7	6:00	24.1	0:43	6	11:17	8:04	21:59
9	338	KIANA HARPSTRITE	1 F07-08	4	2:22	4:43	1:33	24	6:31	22.2	0:43	8	11:26	8:10	22:33
10	340	BRYEE NIHIPALI	2 F07-08	6	2:24	4:48	1:02	26	6:36	21.9	0:36	13	12:00	8:34	22:36
11	344	KEKOA KAYSER	5 M07-08	37	3:26	6:51	1:42	4	5:45	25.1	0:38	7	11:20	8:06	22:50
12	346	CAL MURAMARU	6 M07-08	21	2:49	5:38	1:11	22	6:27	22.4	0:49	11	11:45	8:24	23:00
13	412	BLAKE WADE	7 M07-08	30	3:08	6:16	1:03	9	6:04	23.8	1:01	14	12:05	8:38	23:19
14	360	KEELY MCDONALD	2 F09-10	10	2:34	5:08	1:13	13	6:12	23.3	0:47	15	13:00	9:17	23:44
15	329	STIRLING APONTE	8 M07-08	44	4:02	8:04	1:14	8	6:03	23.9	1:00	12	11:57	8:32	24:13
16	361	COURTNEY MILLER	3 F09-10	2	2:10	4:19	2:00	15	6:17	23.0	0:43	18	13:34	9:41	24:42
17	413	HALEY WADE	4 F09-10	9	2:30	4:59	1:20	11	6:08	23.5	0:46	20	14:24	10:17	25:06
18	356	CONNER OTT	4 M09-10	12	2:38	5:16	1:43	28	6:42	21.5	0:37	17	13:29	9:38	25:08
19	404	REBEKAH TANDBERG	5 F09-10	23	2:52	5:44	2:20	10	6:05	23.7	0:57	16	13:02	9:19	25:15
20	334	JUSTIN SHOUNK	9 M07-08	43	3:44	7:28	1:18	2	5:37	25.7	0:46	19	14:10	10:07	25:33
21	409	BRITTANY ULMER	6 F09-10	17	2:45	5:30	1:22	20	6:26	22.4	0:35	21	14:29	10:21	25:36
22	343	SEPHEN DEWALD	10 M07-08	18	2:47	5:34	1:00	18	6:24	22.6	0:52	24	14:51	10:37	25:52
23	351	MICHELLE MAITLAND	7 F09-10	3	2:17	4:34	1:51	23	6:31	22.2	0:47	26	15:02	10:45	26:26
24	408	ELIZABETH BARR	3 F07-08	20	2:47	5:34	1:36	29	6:49	21.2	0:43	23	14:33	10:23	26:26
25	332	LIAM MCTIGUE	11 M07-08	34	3:15	6:30	1:21	16	6:21	22.7	0:53	27	15:13	10:53	27:02
26	336	NICOLE CONDON	4 F07-08	15	2:41	5:22	1:24	37	7:30	19.2	0:33	25	14:59	10:43	27:06
27	370	EASTON WATUMULL	5 M09-10	14	2:39	5:17	1:19	25	6:32	22.1	0:42	28	16:19	11:40	27:29
28	368	ZAK MUENSTER	6 M09-10	35	3:17	6:33	1:57	30	6:58	20.7	1:01	22	14:32	10:23	27:43
29	365	DAVID BROWN	7 M09-10	5	2:23	4:45	1:09	34	7:16	19.9	0:57	30	17:45	12:41	29:28
30	353	KALEN CADIZ	8 M09-10	41	3:35	7:09	1:05	27	6:38	21.8	1:56	29	17:05	12:13	30:17
31	363	SARINA SHIBATA	8 F09-10	8	2:30	4:59	1:22	19	6:25	22.5	0:55	36	19:36	14:00	30:46
32	405	ESTHER TANDBERG	5 F07-08	31	3:08	6:16	2:01	12	6:10	23.4	1:02	33	18:36	13:18	30:56
33	357	BRENDAN SETO	9 M09-10	36	3:26	6:51	1:10	32	7:14	20.0	0:55	34	18:47	13:25	31:30
34	369	DAVID SAVANNAH	10 M09-10	22	2:50	5:40	1:47	31	7:07	20.3	1:03	35	19:06	13:39	31:51
35	410	ANN MARIE LACUESTA	6 F07-08	25	2:55	5:49	1:24	5	5:47	25.0	1:00	38	21:01	15:01	32:05

36	342	SAYA SHIBATA	7	F07-08	33	3:13	6:25	2:05	42	7:58	18.1	1:00	31	18:05	12:55	32:19
37	352	SAVANNAH SUNVOLD	9	F09-10	40	3:35	7:09	1:59	38	7:32	19.2	1:19	32	18:13	13:01	32:35
38	367	JAMES LEE	11	M09-10	39	3:34	7:07	1:19	33	7:15	19.9	1:09	39	21:09	15:06	34:24
39	350	CIERRA HILL	10	F09-10	19	2:47	5:34	2:04	39	7:39	18.9	0:54	41	22:48	16:17	36:10
40	415	HALEY MURRAY	11	F09-10	13	2:38	5:16	1:39	40	7:52	18.3	1:05	42	22:58	16:24	36:11
41	327	MALIA BELNAP	8	F07-08	32	3:12	6:23	2:19	43	8:54	16.2	1:00	37	20:53	14:55	36:16
42	348	BRAND ALEEYA	12	F09-10	38	3:27	6:54	2:02	41	7:54	18.3	1:03	40	22:44	16:14	37:08
43	337	LAUREN GEOGHEGAN	9	F07-08	29	3:07	6:14	2:55	36	7:30	19.2	0:54	43	24:09	17:15	38:33

**Ko Olina SPRINT TRIATHLON
KIDS 11-14**

KIDS 11-14

Place	NO.	NAME	DIV	SWIM PLACE	SWIM TIME	SWIM PACE	T-1	BIKE PLACE	BIKE TIME	BIKE MPH	T-2	RUN PLACE	RUN TIME	RUN PACE	TOTAL TIME	Penalty
=====	=====	=====		====	=====	=====	=====	====	=====	=====	====	=====	=====	=====	=====	=====
1	397	JOSHUA SCHRENTHALER	1 M13-14	4	2:04	2:04	0:49	3	9:20	15.4	0:29	6	10:36	7:35	23:17	
2	377	MIKA AKIMA	1 M11-12	3	2:03	2:03	0:55	2	9:17	15.5	0:19	7	10:45	7:41	23:17	
3	388	MICHELLE DUDLEY	1 F11-12	1	1:59	1:59	0:54	5	9:47	14.7	0:43	3	9:56	7:06	23:17	
4	407	DANIEL BARR	2 M11-12	6	2:07	2:07	0:58	9	11:10	12.9	0:35	1	9:07	6:31	23:55	
5	406	AUSTIN STRONG	3 M11-12	5	2:05	2:05	1:34	4	9:47	14.7	0:38	8	10:45	7:41	24:47	
6	384	DARREN MASUDA	4 M11-12	13	2:55	2:55	1:41	6	10:00	14.4	0:35	5	10:21	7:24	25:30	
7	393	MALIA HARUNAGA	1 F13-14	22	3:13	3:13	1:05	8	11:06	13.0	1:00	2	9:24	6:43	25:46	
8	379	JOEY HARPSTRITE	5 M11-12	20	3:08	3:08	2:09	14	12:02	12.0	0:31	4	10:04	7:12	27:52	
9	385	CHRISTIAN TAJIRI	6 M11-12	29	3:37	3:37	2:02	1	7:26	19.4	1:12	18	13:41	9:47	27:56	
10	400	NICOLE ULMER	2 F13-14	8	2:24	2:24	1:29	11	11:44	12.3	0:33	12	12:17	8:47	28:25	
11	396	DREW HILLS	2 M13-14	23	3:14	3:14	1:55	7	11:04	13.0	1:07	11	11:37	8:18	28:55	
12	381	TAYLOR HILLS	7 M11-12	11	2:48	2:48	2:07	12	11:58	12.1	0:42	10	11:30	8:13	29:03	
13	403	JESS TANDBERB	3 F13-14	17	3:02	3:02	0:21	19	13:02	11.1	0:48	14	12:29	8:55	29:41	
14	392	BLAKE MILLER	8 M11-12	9	2:27	2:27	2:32	10	11:24	12.7	1:07	16	12:58	9:16	30:27	
15	394	FARRAH MADANAY	4 F13-14	12	2:54	2:54	1:25	28	15:08	9.5	0:41	9	11:03	7:53	31:08	
16	383	SPENCER MADANAY	9 M11-12	28	3:33	3:33	1:13	21	13:33	10.6	0:33	15	12:38	9:01	31:27	
17	389	NANI VERCRUYSSSEN	2 F11-12	25	3:24	3:24	1:01	17	12:23	11.6	0:43	20	14:00	10:00	31:29	
18	376	MCKENNA SHOUNK	3 F11-12	27	3:30	3:30	1:23	15	12:03	12.0	0:59	19	13:47	9:51	31:40	
19	386	COURTNEY APONTE	4 F11-12	26	3:24	3:24	1:34	22	13:49	10.4	0:44	13	12:28	8:54	31:58	
20	414	CHEYENNE MURRAY	5 F11-12	7	2:17	2:17	1:18	18	12:31	11.5	0:31	25	16:21	11:41	32:55	
21	387	LAUREN BROWN	6 F11-12	15	2:59	2:59	1:24	20	13:17	10.9	0:39	22	14:44	10:32	33:01	
22	411	NION NICHOLS	10 M11-12	10	2:36	2:36	1:29	13	12:01	12.0	0:55	24	16:11	11:33	33:10	
23	374	MONIQUE GEOGHEGAN	7 F11-12	18	3:05	3:05	2:09	24	13:53	10.4	0:38	17	13:28	9:37	33:12	
24	391	CONNER HILL	11 M11-12	14	2:56	2:56	2:08	26	14:15	10.1	0:30	21	14:08	10:06	33:56	
25	378	JAMES BRANCO	12 M11-12	30	4:13	4:13	2:35	16	12:19	11.7	1:16	23	15:37	11:09	35:57	
26	395	KAELI SECREDITARIO	5 F13-14	16	3:00	3:00	1:27	25	14:08	10.2	0:43	26	16:41	11:55	35:57	
27	372	MARISSA DEL REY	8 F11-12	21	3:12	3:12	1:21	27	14:52	9.7	0:52	27	18:37	13:18	38:52	
28	371	SEIKO ANZAI	9 F11-12	19	3:07	3:07	1:29	23	13:49	10.4	0:34	28	24:41	17:38	43:39	